

CORAL SPRINGS LAST CHANCE LCM

LONG COURSE METERS MASTERS SWIM MEET

- **DATE & TIME:** **August 10th, 2008**
Warm Up: 8:30. am ~ Meet starts 9:30 am
- **LOCATION:** Coral Springs Aquatic Complex
12441 Royal Palm Boulevard
Coral Springs, FL 33065
(954) 345-2121
- **SPONSORED BY:** City of Coral Springs
- **SANCTIONED BY:** Florida Gold Coast Masters for USMS, Inc. # **508-011**
- **FACILITY:** 8 lane—50 meter course for competition
Additional 25 yard lanes available for warm-up and warm-down
Daktronics Timing System
- **ELIGIBILITY:** Open to all registered USMS swimmers, ages 18 years +. Your age as of December 31st., 2008.
- **SEEDING:** Entries will be seeded by time, slowest to fastest.
- **RULES:** 2008 USMS rules govern.
A copy of your 2008 USMS Card must be attached to the entry form.
- **ENTRIES:** Each swimmer will be limited to **5** events plus
Relays (Relays will be deck entered).
- **AWARDS:** 1st through 3rd for each event in all age groups
- **ENTRY FEE:** \$ 8.00 meet surcharge
\$ 3.00 per event
\$ 5.00 per Relay
Deck Entries may be accepted if space permits. The cost for deck entries will be \$8.00 meet surcharge and \$6.00 per event.
- **ENTRY DEADLINE:** **Wednesday August 6th, 2008**
- **INFORMATION:** Chris Jackson, Meet Director
(954) 345-2121
Email: pkcjj@coralsprings.org

*Note: Coral Springs Masters reserves the right to take breaks as needed during the meet.



**CORAL SPRINGS LAST CHANCE LCM
OFFICIAL ENTRY FORM**

NAME: _____ COPY OF USMS CARD HERE

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

PHONE: _____ **E:MAIL:** _____

BIRTHDATE: _____ **AGE ON 12/31:** _____ **SEX: M F**

WOMEN	ENTRY TIME	EVENT	ENTRY TIME	MEN
EVENT #		SUNDAY		EVENT#
1		400 Free		2
3		200 IM		4
5		50 Free		6
7		50 Breast		8
9		50 Back		10
11		50 Fly		12
13		100 Free		14
15		100 Breast		16
17		100 Back		18
19		100 Fly		20
21		200 Free		22
23		RELAYS		24

Meet surcharge:	\$ 8.00	CHECKS PAYABLE TO: CITY OF CORAL SPRINGS Mail to: Coral Springs Aquatic Complex Last Chance LCM 12441 Royal Palm Blvd. Coral Springs, FL 33065
Individual events:	___ X 3.00 \$	
TOTAL:	\$	

PLEASE READ AND SIGN THE MANDATORY RELEASE FROM LIABILITY:
 I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent in masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules and regulations of USMS. (see Rule Book Article 203.1)

SIGNATURE: _____ **DATE:** _____

