

Sarasota YMCA Sharks Masters/St. Pete Masters
Bridge the Bay SCM Meet
Day One: November 16, 2008

Sanctioned by: Florida LMSC for USMS, Inc. Sanction #: 148-014

Date & Time: **Sunday November 16:** Warm-up: 8:00 a.m.; Meet Starts: 9:00 a.m.

Facility: The beautiful Sarasota YMCA Selby Aquatic Center, 8301 Potter Park Drive, Sarasota, Florida

Eligibility: Open to all registered MASTERS, age 18 years and older. **Meet age is your age on December 31, 2008. A copy of your 2008 USMS Card MUST be attached to the entry form.** 2008 USMS rules govern.

Entries: Swimmers may enter five (5) events PLUS relays. Cost to enter meet is \$25.00 and includes relays. Make check or money order payable to: **SYSM**
Mail Entries to: Stacy Howle: 4666 Silent Creek Way, Nokomis, FL, 34275
Questions?: Contact Rick Walker at (941) 346-7946 or Rickmile@aol.com

Deadline & Scratches: **Meet entries must be RECEIVED BY November 7.** If you are unable to attend, contact Stacey Howle (staceyhowle@verizon.net or 941-966-0432) no later than **November 10** and your money will be refunded in full.

Seeding: Check-in is required for the 400 IM and 400 Free. Those two events will be mixed and seeded by time, fastest to slowest.

Relays: Relays will be deck entered and seeded prior to each race. All relay swimmers must be registered with the meet; sign the meet waiver and pay the meet surcharge. Mixed relays consist of 2 Women and 2 Men. Co-mingling of FACT swimmers for relays is permitted. There is no charge for relays.

Awards & Scoring: Individual High Point awards for 1st place only in each age group will be given with a minimum of five events completed, **and participation in both SYSM and SPM meets.** Scoring 9-7-6-5-4-3-2-1 points for individual events. Clubs and swimmers affiliated with FACT will swim as their chapter for this meet. No team awards will be given at this meet.

Heat Sheet & Results: A heat sheet will be provided to each entrant. Results will be posted on-line and submitted for Top 10 consideration within 14 days of the completion of the meet.

Order of Events: **Sunday: 9:00 a.m.**

<u>W/M</u>	<u>Event</u>
1 / 2	400 m. IM (mixed seeding)
3 / 4	200 m. Free
5 / 6	100 m. Fly
7 / 8	50 m. Breast
9 / 10	200 m. Mixed Medley Relay
11 / 12	400 m. Mixed Free Relay
13 / 14	200 m. Breast
15 / 16	100 m. Back
17 / 18	50 m. Free
19 / 20	200 m. IM
21 / 22	200 m. Free Relay
23 / 24	400 m. Medley Relay
25 / 26	400 m. Free (mixed seeding)

** There will be breaks scheduled around the relays **

****IN THE SPIRIT OF THE UPCOMING THANKSGIVING HOLIDAY, SPA AND SYSM REQUEST THAT ALL SWIMMERS CONSIDER DONATING CANNED FOOD ITEMS TO BE COLLECTED FOR OUR LOCAL FOOD BANKS. THANKS IN ADVANCE FOR YOU GENEROSITY!**

To enter the meet complete and return the meet entry form provided.
Mail Entry Form, check payable to **SYMS** and a copy of your 2008 USMS card to:

Stacy Howle: 4666 Silent Creek Way, Nokomis, FL, 34275