

St. Pete Masters/Sarasota YMCA Sharks Masters Bridge the Bay SCM Meet

Day Two: November 22, 2009

Sanctioned by: Florida LMSC for USMS, Inc. Sanction #: 149-021

- Date & Time** **Sunday, November 22nd:** 1500 Free Warm-up: 7:30 a.m.; Swim 8:00 a.m.
Sunday, November 22nd: Warm-up: 10:30 a.m.; Swim: 11:00 a.m.
- Facility** North Shore Pool is located at 901 North Shore Drive, NE. Eight competition lanes with a segregated warm-up lane. Colorado Timing with hand-held watches will be used.
- Eligibility & Rules** Open to all registered MASTERS, age 18 years and older. **Meet age is your age on December 31, 2009.**
A copy of your 2009 USMS Card MUST be attached to the entry form. 2009 USMS rules govern.
- Entries** Swimmers may enter five (5) events PLUS relays. Cost to enter meet is \$25.00 and includes relays.
Make check or money order payable to: **St. Pete Masters**
Mail Entries to: Patty Nardozi ~ 6346 27th Avenue North ~ St. Petersburg, FL 33710
Questions? Contact Patty at: (727) 343-5960 or pnardozi@hotmail.com
- Deadline & Scratches** **Meet entries must be RECEIVED BY November 14th.** If you are unable to attend, contact Patty Nardozi no later than **November 19th** and your money will be refunded in full. Entries will be accepted **until November 19th** with a **\$10.00 late fee included.**
- Seeding** Check in required for the 1500 m. Free. Entries will be seeded mixed by time, fastest to slowest. The 800 m. Free split will be submitted for all swimmers completing the 1500 m. Free and recording an electronic split at the 800 m. mark. **The 1500 m. Free is limited to the first 32 entrants (4 heats of 8 swimmers).**
- Relays** Relays will be deck entered and seeded prior to each race. All relay swimmers must be registered with the meet; sign the meet waiver and pay the meet surcharge. Mixed relays consist of 2 Women and 2 Men. Co-mingling of FACT swimmers for relays is permitted.
- Awards & Scoring** Individual High Point awards for 1st place only in each age group will be given with a minimum of five events completed **and participation in both SYSM and SPM meets.** Scoring 9-7-6-5-4-3-2-1 points for individual events. Clubs and swimmers affiliated with FACT will swim as their chapter for this meet. No team awards will be given at this meet.
- Heat Sheet & Results** A heat sheet will be provided each entrant. Results will be posted on-line and submitted for Top 10 consideration within 14 days of the completion of the meet.
- Order of Events**
- | | Sunday: 8:00 a.m. | | Sunday: 11:00 a.m. | |
|--|--|--------------|---------------------------|---------------------------|
| | <u>W/M</u> | <u>Event</u> | <u>W/M</u> | <u>Event</u> |
| | 27 / 28 | 1500 m. Free | 29 / 30 | 100 m. IM |
| | (mixed seeding by time, 4 heats of 8 swimmers) | | 31 / 32 | 200 m. Back |
| | | | 33 / 34 | 100 m. Free |
| | | | 35 / 36 | 50 m. Fly |
| | | | 37 / 38 | 200 m. Mixed Free Relay |
| | | | 39 / 40 | 400 m. Mixed Medley Relay |
| | | | 41 / 42 | 100 m. Breast |
| | | | 43 / 44 | 200 m. Fly |
| | | | 45 / 46 | 50 m. Back |
| | | | 47 / 48 | 200 m. Medley Relay |
| | | | 49 / 50 | 400 m. Free Relay |
- *****
There will be breaks scheduled around the relays

****IN THE SPIRIT OF THE UPCOMING THANKSGIVING HOLIDAY, SPA AND SYSM REQUEST THAT ALL SWIMMERS CONSIDER DONATING CANNED FOOD ITEMS TO BE COLLECTED FOR OUR LOCAL FOOD BANKS. THANKS IN ADVANCE FOR YOUR GENEROSITY!**

To enter the meet complete and return the **meet entry form provided.**

Mail Entry Form, check payable to **St. Pete Masters** and a copy of your 2009 USMS card to:

Patty Nardozi ~ 6346 27th Avenue North ~ St. Petersburg, FL 33710

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Last Name (as on 2009 USMS card): _____ **First** _____ **MI** _____

2009 USMS number _____ - _____ **Gender** (circle) Male Female

Date of Birth (mm/dd/yy): _____ **Age** (as of 12/31/09): _____

Club Name: _____ **Club Abbreviation:** _____

Street Address: _____ **City** _____ **State** _____ **ZIP** _____

E-Mail Address (neatly): _____ **Phone:** _____ - _____ - _____

Meet Entry Times

(Swimmers may enter no more than 5 individual events per day of meet)

| Sunday, November 22 8:00 a.m. start | | Sunday, November 22 11:00 a.m. start | |
|--|--------------------|---|---------------------------------|
| 27 / 28 | 1500 m. Free _____ | 29 / 30 | 100 m. IM _____ |
| | | 31 / 32 | 200 m. Back _____ |
| | | 33 / 34 | 100 m. Free _____ |
| | | 35 / 36 | 50 m. Fly _____ |
| | | 37 / 38 | 200 m. Mixed Free Relay _____ |
| | | 39 / 40 | 400 m. Mixed Medley Relay _____ |
| | | 41 / 42 | 100 m. Breast _____ |
| | | 43 / 44 | 200 m. Fly _____ |
| | | 45 / 46 | 50 m. Back _____ |
| | | 47 / 48 | 200 m. Medley Relay _____ |
| | | 49 / 50 | 400 m. Free Relay _____ |

Swimmers must enter a time for each event. No time entries are not permitted.

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Entry Fee = \$25.00  
Late Fee \$10.00 (11/14 – 11/19) = \_\_\_\_\_

ATTACH A COPY OF YOUR CURRENT USMS CARD HERE

TOTAL ENCLOSED = \_\_\_\_\_

MAKE CHECK PAYABLE TO: ST PETE MASTERS  
Mail entry to: SPM c/o Patty Nardoizzi ~ 6346 27th Ave. North ~ St. Petersburg, FL 33710

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I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. **AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIM COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES.** In addition, I agree to abide by and be governed by the rules of USMS. (see Rule Book Article 203.1)

Signature of Participant _____ Date: _____