

GOOD LIFE GAMES

Saturday, March 13, 2010

Long Center – Clearwater, FL

Recognized by FL LMSC for USMS, Inc.

*Recognition #140-002R

Open to Seniors 50 and over

Order of Events (Long Course Meters)

Warm up 8:15 am, swim 9 am

*USMS recognizes only 5 events for Top Ten

ORDER OF EVENTS

50M Backstroke

100M Butterfly

200M Breaststroke

100M Freestyle

200M Backstroke

100M Breaststroke

50M Freestyle

200M Individual Medley

100M Backstroke

50M Butterfly

200M Freestyle

50M Breaststroke

200M Relays (Free, Medley & Mixed -1 relay per participant)

400M Freestyle