

2010 Tiger Master
May 1-2, 2010 Clemson SC
Sanctioned by SC LMSC for USMS, Inc. Sanction # 550-002



Host: Clemson Aquatic Team, www.ClemsonAquaticTeam.org

Meet Location: McHugh Natatorium, Clemson University Campus, Clemson SC

Facility: McHugh Natatorium located in Fike Recreation Center, 151 Williamson Road is an eight lane 25 yard pool and detached diving well for warm down. Stadium seating is available for viewers.

Rules: The meet will be conducted according to the current USMS Rules, USMS Safety Guidelines and Warm-up procedures, and this meet information.

Eligibility: All swimmers must be registered with United States Masters Swimming. Please enclose a copy of your 2010 USMS registration card or provide USMS registration when you check in.

Format:

- A swimmer may enter up to 5 individual events plus relays per day.
- Entries may be submitted on the attached form or through Active.com.
- Times entered should be for short course yards. Meter times will be seeded slower than SCY times. NT will be seeded as the slowest times.
- All event will be swum mixed gender and scored separately.
- 500 Free, 400 IM, 1650 Free will be considered distance events and swum fastest to slowest. All distance events are positive check-in and will be deck seeded. Check-in closes 30 minutes before the start of session
- The top 4 heats of the 1650 will be swum Saturday morning, all other will be swum at the conclusion of the 2nd session.
- Warm-up will begin each day at 8:00am.
- There will be a 50 minute warm-up after the finish of the 1650, event 2 will start no earlier than 11:30am.
- There will be a 30 minute warm-up after the finish of the 500, event 12 will start no earlier than 10:30am.
- All relays will be deck entered and paid for at the meet.
- Age is a swimmer's age on the last day of the meet.

Warm-up/Warm-down: SWIMMERS MUST ENTER THE POOL FEET FIRST. Diving or backstroke starts are permitted only during pre-meet warm-up and only in specified sprint lanes. Swimmers are to circle swim staying to the right. No equipment is allowed in the warm-up/warm-down areas.

Fees: \$10.00 surcharge (heat sheet, timing and pool usage), \$3.00 per individual event, \$6.00 per relay. Deck entered individual events are \$6.00 per event.

Entries: Fill out attached form and mail to CAT, PO Box 411, Clemson SC 29633-0411. Checks are made payable to CAT. Active.com may be used for entering the meet. Entries must be received by April 26, 2009, a psyche sheet will be posted on ClemsonAquaticTeam.org by April 27. All corrections must be received by 5:00pm on April 29th. There will be no re-seeding after that time. **Awards:** Ribbons will be given to the places 1-8 for each age group.

Directions: From the North and East, exit 19B off Interstate 85, go right on 76/28 to Clemson or from the South and West, exit 14 off Interstate 85, go left on Highway 187, go left on 76/28 to Clemson. Take Highway 93 exit, and then turn left onto 93. *Turn left past tennis courts onto Williamson Road. Fike is first building on left. Parking is restricted until 5pm on Friday. You are welcome to park anytime in lot P-3 at the west end of the stadium.

From Hotels: Go on Highway 123 toward downtown Clemson. At the College Avenue (Highway 133) light, turn toward Clemson University. At the campus, turn right onto Highway 93. Follow from * above.

Housing: Check ClemsonAquaticTeam.org under the CAT Hosted Meets for housing information. Ask for Swim Meet rates.

Contact: Jacque Grossman at 864-646-8836 or jelg@innova.net

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Saturday Evening and T-Shirts

Space will be reserved at Sardis Den on Saturday evening for a gathering. Sardis is a local Pub and Grill with a full dining menu, but the ribs are the best around. To reserve a spot please send \$10 per person along with your entry form.

T-shirts will be made with the design below and all swimmers participating in the meet will have their name on the back of the shirt. T-shirts will only be available by pre-order. T-shirts are \$12 per shirt. Indicate size and quantity on order form.



2010 Tiger Master
Order of Events and Meet Entry Form

Name: _____ Sex: _____ Age: _____ Birthday: _____

Address: _____ City: _____ State: _____ Zip: _____

Contact Phone: _____ E-Mail: _____

Team: _____ Abbreviation: _____ USMS #: _____

ATTACH COPY OF CARD

Click or Check on event to enter, enter time, and print, sign and send OR enter at Active.com.

Saturday May 1, 2009

Sunday May 2, 2009

Warm-up at 8-8:30am-start 8:30am

Warm-up 8-8:30am-Start 8:30am

Entry Time					Entry Time						
Event*	1	_	1650	Free	_____	Event*	11	_	500	Free	_____

Warm-up 50 Minutes

Warm-up 30 Minutes

Meet starts not before 11:30am

Meet starts not before 10:30am

Entry Time					Entry Time						
Event	2		200	Medley R	_____	Event	12		200	Free R	_____
Event	3	_	200	Free	_____	Event	13	_	100	IM	_____
Event	4	_	50	Breast	_____	Event	14	_	200	Fly	_____
Event	5	_	100	Back	_____	Event	15	_	50	Back	_____
Event	6	_	200	Breast	_____	Event	16	_	100	Free	_____
Event	7		200	Mixed MR	_____	Event	17		200	Mixed Free R	_____
Event	8	_	50	Free	_____	Event	18	_	100	Breast	_____
Event	9	_	100	Fly	_____	Event	19	_	200	Back	_____
Event*	10	_	400	IM	_____	Event	20	_	50	Fly	_____
						Event	21	_	200	IM	_____

* All 1650, 500 Free, and 400IM entrants MUST check in 30 minutes before the start of the session or you will be scratched. You MUST provide your own timer and counter. Relays and Distance events will be deck seeded

Number of events entered : _____ x \$3.00 = \$ _____

Swimmer Surcharge (includes heat sheet, timing, pool usage) = \$ 10.00

Really Cool T-Shirt: Quantity: _____ Size: _____ x \$12.00 = \$ _____

Saturday Night Dinners: Quantity: _____ x \$10.00 = \$ _____

Total = \$ _____

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1).

Signature: _____ Date: _____

Mail check for the above amount, this form, and copy of your USMS 2009 Registration Card to:
2009 Clemson Tiger Master, c/o CAT, PO Box 411, Clemson SC 29633-0411