



The Crippen Mile

*an open water swim to benefit the
Fran Crippen Elevation Foundation*

Saturday, April 28, 2012 - Miromar Lakes, Florida

- Hosted by: Gulf Coast Swim Team
- Meet Director: Gregg Cross. Phone 239-462-3322, or e mailto:coachgregg55@aol.com
- Referee: Mark McCaw
- Location: Miromar Lakes is one mile east of I-75 between exits 123 and 128 and just south of Southwest Florida International Airport. A map and directions are on the Open Water Festival web site (link below). Address: 10861 Miromar Lakes Pkwy, Fort Myers FL 33913
- Course: The event takes place in Miromar Lakes. The 1.5K course has a standing start in shallow water (approximately 2 feet) at the edge of a steep drop off and a land finish. All applicable USMS open water rules apply (no wet suits, paddles, or use of flotation devices).
- Start: Check-in opens at 6 PM, race start 7 PM.
- Eligibility: Open to all swimmers.
- Divisions: Amateur and Professional. **Swimmers wishing to retain eligibility for high school or college teams must enter the amateur division!**
- Awards: *Amateur Division:* Awards will be given to the overall top five (5) males and females as well as the top three (3) in each age group.
Pro Division, men and women: 1st \$500, 2nd \$200, 3rd \$150, 4th \$100, 5th \$50.
- Age Groups: *Amateur division:* 10 under (500m), 11-12, 13-14, 15-17, 18-24, 25-29, 30-34, 35-39, etc. to 60+
Pro division: none
- Safety: Caps will be provided, and it is asked that swimmers please wear race caps. Safety boats, both power and paddle craft, will monitor the course.
- Entry fee: *Amateur division:* early entry fee \$35 up to April 21; regular entry fee \$45 up to April 25
Pro division: \$50 up to April 25
Race day entries, amateur or pro: \$60.
- PROCEEDS BENEFIT THE FRAN CRIPPEN ELEVATION FOUNDATION. For information on sponsorship opportunities or donations, go to <http://www.francrippen.com>
- Registration: Pre-registration is **ONLINE ENTRY ONLY!** Online entry closes April 25, 2012. Race day entries accepted at check-in table. Race day entries, make checks payable to **SFSCI**.
ONLINE REGISTRATION AT ACTIVE.COM
http://www.active.com/event_detail.cfm?event_id=2000613

Open Water Festival web site: <http://www.openwaterfestival.org>