



T2Masters/Born to Swim LCM Spring Invitational and Paella Social

Saturday, May 19, 2018
Warm up: 8:30 AM; Start 9:30 AM

Sanction: by Florida LMSC for United States Masters Swimming, Inc.

Host club: T2 Aquatics (www.t2aquatics.com)

Meet director: Gregg Cross (coachgregg55@aol.com)

Referee: John King

Location: Naples YMCA-Norris Aquatic Center, 1327 Livingston Road, Naples FL 34109

Directions:

From I-75: Use Exit 107 (Pine Ridge Road) and go west about 1 mile to Livingston Road (stoplight). Turn right (north) and go 0.4 miles to Osceola Trail (stoplight) and turn left. Take an immediate left to the pool.

From US-41: Go to Pine Ridge Road (Barnes & Noble on NE corner) and turn east. Do **NOT** turn in at the Naples YMCA on Pine Ridge Road! Continue to Livingston Road (stoplight) and turn left (north). Go 0.4 mile to Osceola Trail (stoplight) and turn left. Take an immediate left to the pool.

Facility: 25-yard by 9-lane 50-meter outdoor pool. Up to eight 50-meter lanes will be used for competition with one 50-meter lane for warm-up and warm-down during the meet. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Rules: 2018 USMS long course rules and safety guidelines for warm-up procedures will be followed. Safety guidelines specify feet-first entry during warm-ups except for designated sprint lanes. All events will be timed finals.

Time: Warm-up starts at 8:30 AM; competition starts at 9:30 AM

Timing: Electronic timing with hand/stopwatch backup. Times will count towards USMS Records and Top 10.

Eligibility: The meet is open to all USMS registered swimmers aged 18 years and older on the day of the meet. Competition age is the age on December 31, 2018.

Events: Swimmers may enter up to 5 individual events and 3 relays. Entries for the 200 free relay are due by 9:00 AM. Entries for the 200 medley relay are due before event 23.

Special note: The meet director reserves the right to insert breaks between events to provide sufficient rest for swimmers. Please contact the meet director/referee on deck if additional time is needed.

Awards: Individual awards for 1st, 2nd, 3rd place for each gender and age group in each event.

Fees: The \$40 meet entry fee includes the social at the pool after last event for registered swimmers, Guests attending the social will cost \$10/person. Late fee for paper entries is an additional \$20 (only if open lanes are available; no new heats will be created for late entries). All fees are non-refundable.

Seeding: All events will be seeded slowest to fastest without regard to age. Results will be tabulated by gender and age group as defined by USMS. All individual events except the 400 free and the 400 IM will be seeded in advance. The 400 free and 400 IM will be mixed gender and will be seeded only after positive check-in has expired. Entry times shall be in meters. No Time (NT) entries will be seeded as slowest times. Please avoid using NT times whenever possible, and please use realistic entry times (no sandbagging!).

Relays will be deck-seeded and relay heat/lane assignments posted at the meet. There is no additional charge for relay entries. Psych sheets will be posted at www.dixiezone.org/Meets.htm around Tuesday, May 14 depending on the number of late entries being processed.

ENTER ONLINE at https://www.clubassistant.com/club/meet_information.cfm?c=1904&smid=10198.

You will be able to submit your entry times, use a secure site for payment of fees, sign the standard USMS waiver electronically, and have your USMS membership verified through this system. You will also be able to access the USMS database of times associated with your USMS registration number to help determine appropriate seed times. Your credit card statement will show a charge from "ClubAssistant.com Events."

Entry deadlines:

Online entry closes Saturday, May 12, at 11:59 PM.

Paper entries must be received (not postmarked) by Thursday, May 10. Mailed entries received after that date will be assessed an additional \$20 late fee. No new heats will be created to accommodate late entries. Make check payable to **T2Aquatics** and mail with the **entry form**, signed **liability waiver**, and a **copy of your 2018 USMS** card to

Amy Thompson
9511 Litchfield Lane
Naples, FL 34109

Results: Results will be posted at www.dixiezone.org/Meets.htm.

Saturday order of events:

<u>event #</u>	<u>event</u>
1/2	400 IM
3/4/5	200 free relay (w/m/mx)
7/8	50 breaststroke
9/10	100 free
11/12	100 fly
13/14	50 back
15/16	200 breaststroke
17/18	200 IM
19/20	100 back
21/22	50 fly
23/24	200 free
25/26	100 breaststroke
27/28	200 fly
29/30	50 free
31/32	200 back
33/34/35	200 medley relay (w/m/mx)
37/38	400 free

Sunday open water fun swim

There will be a fun 2-mile open water swim (not a competition; not sanctioned so USMS insurance does not apply) on Sunday, May 20, starting at 8:30 am at Vanderbilt Beach. It is hosted by the SWFL Open Water Swimming Group. This is purely for fun for anyone who may want to stay overnight and do some open water swimming the next day. There is no fee or registration. For more information, contact Gregg Cross at coachgregg55@aol.com.

T2Masters/Born to Swim LCM Spring Invitational
Saturday, May 18, 2018, at Naples YMCA–Norris Aquatic Center

Preferred online entry at https://www.clubassistant.com/club/meet_information.cfm?c=1904&smid=10198

NAME _____ SEX _____ AGE _____
LAST NAME FIRST NAME (on 12/31/2018)

POSTAL ADDRESS _____
(street ~ city, state ~ zip)

EMAIL ADDRESS _____ 2018 USMS # _____

PHONE (_____) _____ Attach copy of 2018 USMS card here

BIRTH DATE ____ / ____ / ____

SWIM CLUB NAME _____

SWIM CLUB ABBREVIATION _____

SATURDAY, MAY 18, 2018

Warm-ups at 8:30 AM; Competition starts at 9:30 AM

WOMEN			MEN		
<u>Event #</u>	<u>Entry time</u>	<u>Event</u>	<u>Event #</u>	<u>Entry time</u>	
1	_____ 400 IM.....	2	_____	
3	deck enter 200 free relay (men, women, mixed).....	4	deck enter	
7	_____ 50 breaststroke.....	8	_____	
9	_____ 100 free.....	10	_____	
11	_____ 100 butterfly.....	12	_____	
13	_____ 50 back.....	14	_____	
15	_____ 200 breast.....	16	_____	
17	_____ 200 IM.....	18	_____	
19	_____ 100 back.....	20	_____	
21	_____ 50 fly.....	22	_____	
23	_____ 200 free.....	24	_____	
25	_____ 100 breaststroke.....	26	_____	
27	_____ 200 fly.....	28	_____	
29	_____ 50 free.....	30	_____	
31	_____ 200 back.....	32	_____	
33	deck enter 200 medley relay (men, women mixed).....	34	deck enter	
37	_____ 400 free.....	39	_____	

Paper entries must be received by Thursday, May 10, 2018

Make checks payable to **T2 Aquatics**

Meet entry fee (includes social)..... \$ 40.00

Guests (____) attending social @ \$10 each.... \$ _____

Late entry fee if applicable (\$20)..... \$ _____

TOTAL ENCLOSED..... \$ _____

Mail entry/waiver and check to

Amy Thompson
 9511 Litchfield Lane
 Naples, FL 34109



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	