



Relay Cards

Please copy and separate these relay cards and use them at your meets. Just for your ease of organization at your meet, you may wish to make copies on differently colored stock (for example, pink = women, blue = men, white = mixed), but it is not required.

USMS OFFICIAL RELAY CARD							
EVENT #	AGE GROUP	EVENT (DISTANCE/RELAY TYPE)	SUBMITTED SEED TIME : .	HEAT	LANE		
TEAM NAME		TEAM ABBR	EVENT DATE	MEET LOCATION/TITLE			
MEN <input type="checkbox"/> WOMEN <input type="checkbox"/> MIXED <input type="checkbox"/> 200 <input type="checkbox"/> 400 <input type="checkbox"/> 800 <input type="checkbox"/>		COURSE LENGTH 25y <input type="checkbox"/> 25m <input type="checkbox"/> 50m <input type="checkbox"/>		<i>THIS CARD MUST BE FILLED OUT COMPLETELY</i>			
FREESTYLE RELAY FULL NAME 1 _____ 2 _____ 3 _____ 4 _____		SEX & AGE _____ _____ _____ _____	MEDLEY RELAY FULL NAME back _____ breast _____ fly _____ free _____		SEX & AGE _____ _____ _____ _____	TIMED FINALS: Watch/Backup. A _____:_____: B _____:_____: C _____:_____: OFFICIAL/AUTOMATIC TIME. _____:_____: _____:_____:	Timer Initials _____ _____ _____ _____ FIN PLACE _____

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