

1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

## 18-24

## 50 Free

Casella, Shanda	22	TOM	26.48
Mueller, Justine	24	UNAT	27.55
Anderson, Laurie	24	SAMS	28.74
Canty, Crina	22	RAY	28.91
Nyblade, Kyra	22	BLU	29.11
Bellamo-Forsgren, Nat.	23	TOM	29.97
Hull, Kim	24	GAJA	30.50
Krause, Emily	22	GMKW	30.70
Holman, Sara	24	GSC	30.71
Cillian, Kate	22	SPM	30.85

## 100 Free

Casella, Shanda	22	TOM	58.14
Nyblade, Kyra	22	BLU	1:04.72
Holman, Sara	24	GSC	1:04.40
Anderson, Laurie	24	SAMS	1:04.76
Curran, Caitie	23	UNAT	1:05.57
Roka, Heather	24	GCST	1:05.58
Holman, Mary	24	GSC	1:05.27
Hull, Kim	24	GAJA	1:06.86
Cillian, Kate	22	SPM	1:07.93
Krause, Emily	22	GMKW	1:10.48

## 200 Free

Holman, Sara	24	GSC	2:14.26
Holman, Mary	24	GSC	2:16.27
Anderson, Laurie	24	SAMS	2:25.55
Cillian, Kate	22	SPM	2:25.98
Roka, Heather	24	GCST	2:26.44
Canty, Crina	22	RAY	2:27.45

## 400 Free

Holman, Sara	24	GSC	4:41.25
Holman, Mary	24	GSC	4:43.50
Roka, Heather	24	GCST	4:48.15
Cillian, Kate	22	SPM	5:14.80
Phillips, Therese	21	SYSM	5:32.64
Capizzi, Stefanie	23	TOM	5:02.05

## 800 Free

Holman, Sara	24	GSC	9:41.47
Holman, Mary	24	GSC	9:41.50
Capizzi, Stefanie	23	TOM	10:23.57
Cillian, Kate	22	SPM	11:07.02

## 1500 Free

Holman, Sara	24	GSC	18:30.13
Holman, Mary	24	GSC	18:37.07
Cillian, Kate	22	SPM	20:52.24

## 50 Back

Casella, Shanda	22	TOM	31.02
Kaiser, Marine	22	DYNA	34.20
Smith, Alyssa	19	AWJ	36.21
Anderson, Laurie	24	SAMS	38.47
Krause, Emily	22	GMKW	38.47
Holman, Sara	24	GSC	38.51
Holman, Mary	24	GSC	40.80
Hager, Kaitlin	19	NCMS	52.46

## 100 Back

Mueller, Justine	24	UNAT	1:08.76
Casella, Shanda	22	TOM	1:08.88
Kaiser, Marine	22	DYNA	1:15.68
Holman, Sara	24	GSC	1:17.08
Bellamo-Forsgren, Nat.	23	TOM	1:17.26
Smith, Alyssa	19	AWJ	1:18.57
Cillian, Kate	22	SPM	1:20.67
Holman, Mary	24	GSC	1:23.76
Hager, Kaitlin	19	NCMS	1:57.31

## 200 Back

Holman, Sara	24	GSC	2:38.67
Holman, Mary	24	GSC	2:53.32
Cillian, Kate	22	SPM	2:57.58

## 50 Breast

Mueller, Justine	24	UNAT	34.78
Casella, Shanda	22	TOM	36.17
Capizzi, Stefanie	23	TOM	37.20
Nyblade, Kyra	22	BLU	37.56
Anderson, Laurie	24	SAMS	40.08
Pelletier, Michelle	21	GOLD	49.37
Hager, Kaitlin	19	NCMS	49.53

## 100 Breast

Mueller, Justine	24	UNAT	1:17.73
Curran, Caitie	23	UNAT	1:18.79
Capizzi, Stefanie	23	TOM	1:20.76
Nyblade, Kyra	22	BLU	1:23.36
Roka, Heather	24	GCST	1:25.56
Smith, Alyssa	19	AWJ	1:33.12
Miller, Jessica	22	TOM	1:36.35
Hager, Kaitlin	19	NCMS	1:50.51

## 200 Breast

Curran, Caitie	23	UNAT	2:48.46
Capizzi, Stefanie	23	TOM	2:52.66

## 50 Fly

Casella, Shanda	22	TOM	28.80
Nyblade, Kyra	22	BLU	32.27
Hull, Kim	24	GAJA	32.53
Roka, Heather	24	GCST	34.50
Miller, Jessica	22	TOM	36.93
Cillian, Kate	22	SPM	37.39
Pelletier, Michelle	21	GOLD	39.36
Hager, Kaitlin	19	NCMS	50.00

## 100 Fly

Mueller, Justine	24	UNAT	1:06.01
Curran, Caitie	23	UNAT	1:12.87
Canty, Crina	22	RAY	1:13.92
Capizzi, Stefanie	23	TOM	1:14.35
Nyblade, Kyra	22	BLU	1:15.37
Roka, Heather	24	GCST	1:16.08

## 200 Fly

Roka, Heather	24	GCST	2:42.81
Capizzi, Stefanie	23	TOM	2:49.38

## 100 IM

Casella, Shanda	22	TOM	1:07.18
Mueller, Justine	24	UNAT	1:08.35
Capizzi, Stefanie	23	TOM	1:14.70
Canty, Crina	22	RAY	1:16.58
Hull, Kim	24	GAJA	1:16.84
Kaiser, Marine	22	DYNA	1:18.62
Smith, Alyssa	19	AWJ	1:21.41
Miller, Jessica	22	TOM	1:32.86
Hager, Kaitlin	19	NCMS	1:42.48

## 200 IM

Mueller, Justine	24	UNAT	2:27.81
Casella, Shanda	22	TOM	2:30.25
Curran, Caitie	23	UNAT	2:31.42
Capizzi, Stefanie	23	TOM	2:38.26
Roka, Heather	24	GCST	2:46.67
Holman, Sara	24	GSC	2:46.81
Kaiser, Marine	22	DYNA	2:50.73
Holman, Mary	24	GSC	2:53.25
Cillian, Kate	22	SPM	2:56.45

## 400 IM

Roka, Heather	24	GCST	5:32.51
Capizzi, Stefanie	23	TOM	5:33.24
Holman, Sara	24	GSC	5:35.59
Holman, Mary	24	GSC	5:49.43

1 March 2011

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### 25-29

#### 50 Free

Chance, Danielle	29	DBMS	28.11
Sater, Katy	26	NCMS	29.61
Scharf, Sunshine	28	GOLD	30.53
Bisschops, Julia	26	FLAQ	30.65
Humes, Jessica	29	NCMS	31.25
Jones, Mollie	26	UNAT	34.11
Howell, Katie	28	BMST	34.17
Cullen, Jennifer	25	TMM	35.58
Callahan, Melanie	27	WPRC	36.28
Conley-Guido, Melissa	26	SYSM	40.26

#### 100 Free

Chance, Danielle	29	DBMS	1:01.39
Sater, Katy	26	NCMS	1:04.62
Scharf, Sunshine	28	GOLD	1:05.14
Bisschops, Julia	26	FLAQ	1:07.32
Cullen, Jennifer	25	TMM	1:16.19
Szakos, Teresa	27	MOO	1:16.36
Howell, Katie	28	BMST	1:19.00
Uzcategui, Edymar	26	GOLD	1:48.15

#### 200 Free

Sater, Katy	26	NCMS	2:20.19
Humes, Jessica	29	NCMS	2:28.75
Bisschops, Julia	26	FLAQ	2:28.97
Szakos, Teresa	27	MOO	2:37.73
Jones, Mollie	26	UNAT	3:06.53
Pohorenc, Krista	25	BLU	3:57.70

#### 400 Free

Szakos, Teresa	27	MOO	5:18.84
Cullen, Jennifer	25	TMM	5:49.37
Conley-Guido, Melissa	26	SYSM	7:03.21

#### 800 Free

Bisschops, Julia	26	FLAQ	10:48.72
Szakos, Teresa	27	MOO	10:53.84

#### 1500 Free

Farlow, Alexandra	26	UNAT	21:21.53
Nodier, Alicia	29	SMS	22:55.50
Raschke, Karen	26	NCMS	23:57.99

#### 50 Back

Chance, Danielle	29	DBMS	33.69
Sater, Katy	26	NCMS	34.11
Szakos, Teresa	27	MOO	35.83
Weber, Wendy	25	GAS	38.67
Howell, Katie	28	BMST	44.80
Conley-Guido, Melissa	26	SYSM	55.56
Uzcategui, Edymar	26	GOLD	1:02.56

#### 100 Back

Chance, Danielle	29	DBMS	1:09.61
Sater, Katy	26	NCMS	1:13.64
Szakos, Teresa	27	MOO	1:15.79
Farlow, Alexandra	26	UNAT	1:19.63
Weber, Wendy	25	GAS	1:22.38

#### 200 Back

Sater, Katy	26	NCMS	2:38.39
Szakos, Teresa	27	MOO	2:48.21
Weber, Wendy	25	GAS	2:58.45
Cullen, Jennifer	25	TMM	3:27.99

#### 50 Breast

Chance, Danielle	29	DBMS	36.63
Weber, Wendy	25	GAS	40.96

#### 100 Breast

Chance, Danielle	29	DBMS	1:18.29
Weber, Wendy	25	GAS	1:29.81
Howell, Katie	28	BMST	1:38.20
Cullen, Jennifer	25	TMM	1:38.97
Jones, Mollie	26	UNAT	1:40.34

#### 200 Breast

Weber, Wendy	25	GAS	3:12.81
Farlow, Alexandra	26	UNAT	3:28.39
Cullen, Jennifer	25	TMM	3:29.16
Jones, Mollie	26	UNAT	3:38.72

#### 50 Fly

Chance, Danielle	29	DBMS	31.52
Sater, Katy	26	NCMS	33.36
Bisschops, Julia	26	FLAQ	33.46
Szakos, Teresa	27	MOO	34.00
Conley-Guido, Melissa	26	SYSM	55.19
Uzcategui, Edymar	26	GOLD	1:03.26

#### 100 Fly

Chance, Danielle	29	DBMS	1:11.87
Sater, Katy	26	NCMS	1:14.18
Bisschops, Julia	26	FLAQ	1:16.92
Farlow, Alexandra	26	UNAT	1:19.76
Weber, Wendy	25	GAS	1:27.94
Cullen, Jennifer	25	TMM	1:32.64
Conley-Guido, Melissa	26	SYSM	2:03.06

#### 200 Fly

Bisschops, Julia	26	FLAQ	2:59.13
Cullen, Jennifer	25	TMM	3:25.68

#### 100 IM

Chance, Danielle	29	DBMS	1:09.83
Scharf, Sunshine	28	GOLD	1:18.02
Bisschops, Julia	26	FLAQ	1:18.57
Weber, Wendy	25	GAS	1:20.49
Humes, Jessica	29	NCMS	1:20.61
Szakos, Teresa	27	MOO	1:23.41
Jones, Mollie	26	UNAT	1:30.28
Conley-Guido, Melissa	26	SYSM	1:57.95

#### 200 IM

Chance, Danielle	29	DBMS	2:33.87
Bisschops, Julia	26	FLAQ	2:48.54
Weber, Wendy	25	GAS	2:55.58
Howell, Katie	28	BMST	3:09.17
Cullen, Jennifer	25	TMM	6:50.37

#### 400M IM

Weber, Wendy	25	GAS	6:08.84
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1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

### 30-34

#### 50 Free

Godleski, Kelly	34	SAMS	29.28
Hester, Heidi	30	PLAN	29.48
Haecker, Irina	32	GSC	29.67
Campbell, Sabrina	34	TOM	30.08
Butler, Agnese	31	SYSM	30.11
Darner, Tera	34	UNAT	30.46
Wood, Janet	33	GSMS	30.52
Cascio, Alison	32	SMS	31.75
Bolton, Wynne	31	GMKW	37.22
Bondesen, Brenda	32	DYNA	38.61

#### 100 Free

Hester, Heidi	30	PLAN	1:02.14
Godleski, Kelly	34	SAMS	1:05.02
Campbell, Sabrina	34	TOM	1:06.24
Wood, Janet	33	GSMS	1:07.62
Cascio, Alison	32	SMS	1:08.05
Darner, Tera	34	UNAT	1:09.94
Bolton, Wynne	31	GMKW	1:26.74
Bondesen, Brenda	32	DYNA	1:29.84
Gartner, Stacy	30	BMST	1:30.86

#### 200 Free

Hester, Heidi	30	PLAN	2:12.66
Haecker, Irina	32	GSC	2:22.65
Godleski, Kelly	34	SAMS	2:23.51
Campbell, Sabrina	34	TOM	2:25.58
Cascio, Alison	32	SMS	2:28.34
Wood, Janet	33	GSMS	2:30.82
Crabtree, Erin	30	TOM	2:48.20
Amweg, Meri	31	NCMS	2:50.52
Bolton, Wynne	31	GMKW	3:12.65
Gartner, Stacy	30	BMST	3:25.27

#### 400 Free

Hester, Heidi	30	PLAN	4:37.94
Cascio, Alison	32	SMS	5:19.76
Wood, Janet	33	GSMS	5:44.43
King, Rebecca	30	SMS	5:54.28
Crabtree, Erin	30	TOM	5:56.35
Poiletman, Diana	33	COLM	7:18.74
Gartner, Stacy	30	BMST	7:18.84
Kramer, Chloe	33	SYSM	8:03.35

#### 800 Free

Hester, Heidi	30	PLAN	9:57.40
Koppenwallner, Sonja	34	FLAQ	10:41.55
Crabtree, Erin	30	TOM	12:15.86

#### 1500 Free

Deal, Melanie	30	NCMS	20:32.52
Wood, Janet	33	GSMS	21:37.26
Gartner, Stacy	30	BMST	27:34.07

#### 50 Back

Darner, Tera	34	UNAT	34.06
Campbell, Sabrina	34	TOM	36.14
King, Rebecca	30	SMS	39.07
Crabtree, Erin	30	TOM	40.11
Maschal, Sarah	33	BIMC	40.42
Gartner, Stacy	30	BMST	54.41
Poiletman, Diana	33	COLM	54.78

#### 100 Back

Darner, Tera	34	UNAT	1:15.22
Hester, Heidi	30	PLAN	1:16.11
Humberstone, Sheila	34	DYNA	1:17.33
Wood, Janet	33	GSMS	1:18.64
Campbell, Sabrina	34	TOM	1:21.50
Haecker, Irina	32	GSC	1:22.20
King, Rebecca	30	SMS	1:23.22
Crabtree, Erin	30	TOM	1:28.27
Roth, Robyn	31	ART	1:35.28

#### 200 Back

Hester, Heidi	30	PLAN	2:38.37
Deal, Melanie	30	NCMS	2:42.41
Humberstone, Sheila	34	DYNA	2:45.05
Godleski, Kelly	34	SAMS	2:50.48
Wood, Janet	33	GSMS	2:51.61
King, Rebecca	30	SMS	2:56.31
Campbell, Sabrina	34	TOM	2:58.37
Crabtree, Erin	30	TOM	3:04.39
Roth, Robyn	31	ART	3:32.72

#### 50 Breast

Butler, Agnese	31	SYSM	38.33
Darner, Tera	34	UNAT	39.97
Humberstone, Sheila	34	DYNA	40.30
Deal, Melanie	30	NCMS	40.58
Amweg, Meri	31	NCMS	45.14
Zappile, Tina	34	AMS	45.62
Gartner, Stacy	30	BMST	52.88
Bondesen, Brenda	32	DYNA	54.33
Poiletman, Diana	33	COLM	1:01.05

#### 100 Breast

Darner, Tera	34	UNAT	1:24.63
Humberstone, Sheila	34	DYNA	1:27.09
Gartner, Stacy	30	BMST	1:53.86
Bondesen, Brenda	32	DYNA	1:59.08

#### 200 Breast

Gartner, Stacy	30	BMST	3:58.14
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#### 50 Fly

Wood, Janet	33	GSMS	32.61
Campbell, Sabrina	34	TOM	33.67
Darner, Tera	34	UNAT	33.70
Maschal, Sarah	33	BIMC	34.49
King, Rebecca	30	SMS	34.95
Deal, Melanie	30	NCMS	35.05
Cascio, Alison	32	SMS	35.68
Zappile, Tina	34	AMS	39.14
Crabtree, Erin	30	TOM	39.81
Gartner, Stacy	30	BMST	49.73

#### 100 Fly

Campbell, Sabrina	34	TOM	1:17.69
Koppenwallner, Sonja	34	FLAQ	1:21.07
Wood, Janet	33	GSMS	1:21.38
King, Rebecca	30	SMS	1:25.79

#### 200 Fly

King, Rebecca	30	SMS	3:13.16
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#### 100 IM

Darner, Tera	34	UNAT	1:15.89
Campbell, Sabrina	34	TOM	1:16.80
Deal, Melanie	30	NCMS	1:17.95
Humberstone, Sheila	34	DYNA	1:18.82
Wood, Janet	33	GSMS	1:20.14
King, Rebecca	30	SMS	1:22.85
Amweg, Meri	31	NCMS	1:29.03
Maschal, Sarah	33	BIMC	1:23.21
Crabtree, Erin	30	TOM	1:24.87
Zappile, Tina	34	AMS	1:26.07

#### 200 IM

Campbell, Sabrina	34	TOM	2:54.12
Butler, Agnese	31	SYSM	2:54.30
Koppenwallner, Sonja	34	FLAQ	2:54.90
Maschal, Sarah	33	BIMC	3:01.69
King, Rebecca	30	SMS	3:06.37
Crabtree, Erin	30	TOM	3:06.77
Zappile, Tina	34	AMS	3:07.53

#### 400M IM

King, Rebecca	30	SMS	6:25.11
Wood, Janet	33	GSMS	6:48.05

1 March 2011

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**World record**   **USMS record**   **Dixie Zone record**

### 35-39

#### 50 Free

Mowinowski, Abby	35	DYNA	30.62
Hankins, Maria	37	GMKW	30.76
Tolpa, Allison	35	SYSM	32.11
Beatty, Yukako	39	GOLD	34.32
Jones, Cathy	39	GMKW	34.44
Thornton, Jennifer	39	GAS	34.67
Pittinger, Liz	39	GOLD	36.20
Martin, Janeice	39	NAMA	37.50
Orrell, Shannon	37	TMM	39.14
Melancon, Sherry	39	SMS	39.65

#### 100 Free

Broussard, Katie	36	GOLD	1:04.66
Jablonski, Yuly	36	GAS	1:07.34
Hankins, Maria	37	GMKW	1:07.53
Mowinowski, Abby	35	DYNA	1:07.68
Toomey, Heidi	39	FACT	1:12.44
Gnau, Heather	39	BMST	1:22.78
Orrell, Shannon	37	TMM	1:26.97

#### 200 Free

Packard, Andrea	36	NCMS	2:22.22
Broussard, Katie	36	GOLD	2:22.52
Hankins, Maria	37	GMKW	2:25.00
Jablonski, Yuly	36	GAS	2:28.42
Wilson, Charlene	35	SAMS	2:29.03
Natkin, Heidi	36	AWJ	2:29.53
Lontz, Allison	38	DYNA	2:29.90
Sinram, Kristine	36	GMKW	2:47.59
Gnau, Heather	39	BMST	3:00.59
Orrell, Shannon	37	TMM	3:04.31

#### 400 Free

Packard, Andrea	36	NCMS	4:57.19
Legaspi, Kelly	39	FLAQ	5:09.88
Hankins, Maria	37	GMKW	5:11.56
Natkin, Heidi	36	AWJ	5:16.60
Gnau, Heather	39	BMST	6:25.32
Orrell, Shannon	37	TMM	6:43.12

#### 800 Free

Hankins, Maria	37	GMKW	10:24.33
Natkin, Heidi	36	AWJ	10:50.49
Lontz, Allison	38	DYNA	10:57.89
Orrell, Shannon	37	TMM	14:16.45

#### 1500 Free

Packard, Andrea	36	NCMS	18:49.38
Gnau, Heather	39	BMST	25:17.89
Orrell, Shannon	37	TMM	26:58.10

#### 50 Back

Mayville-Armas, Janey	36	FLAQ	33.38
Jablonski, Yuly	36	GAS	36.86
Jones, Cathy	39	GMKW	38.45
Beatty, Yukako	39	GOLD	39.76
Thornton, Jennifer	39	GAS	43.70
Martin, Janeice	39	NAMA	46.09
Melancon, Sherry	39	SMS	48.71
Morris-Scott, Jennifer	39	DYNA	48.76

#### 100 Back

Mayville-Armas, Janey	36	FLAQ	1:11.35
Broussard, Katie	36	GOLD	1:15.53
Jablonski, Yuly	35	GAS	1:17.57
Lontz, Allison	38	DYNA	1:19.10
Legaspi, Kelly	39	FLAQ	1:20.05
Sinram, Kristine	36	GMKW	1:21.05
Jones, Cathy	39	GMKW	1:26.47
Beatty, Yukako	39	GOLD	1:32.54

#### 200 Back

Mayville-Armas, Janey	36	FLAQ	2:33.97
Jones, Cathy	39	GMKW	3:07.43

### 50 Breast

Legaspi, Kelly	39	FLAQ	35.61
Packard, Andrea	36	NCMS	36.03
Natkin, Heidi	36	AWJ	40.63
Mowinowski, Abby	35	DYNA	41.07
Broussard, Katie	36	GOLD	41.10
Thornton, Jennifer	39	GAS	44.75
Beatty, Yukako	39	GOLD	45.66
Gnau, Heather	39	BMST	46.77
Martin, Janeice	39	NAMA	47.98
Melancon, Sherry	39	SMS	48.43

#### 100 Breast

Legaspi, Kelly	39	FLAQ	1:16.09
Packard, Andrea	36	NCMS	1:18.62
Jablonski, Yuly	36	GAS	1:30.50
Natkin, Heidi	36	AWJ	1:31.84
Gnau, Heather	39	BMST	1:40.13
Beatty, Yukako	39	GOLD	1:41.91
Martin, Janeice	39	NAMA	1:45.27
Melancon, Sherry	39	SMS	1:45.91
Orrell, Shannon	37	TMM	1:55.83

#### 200 Breast

Legaspi, Kelly	39	FLAQ	2:49.12
Packard, Andrea	36	NCMS	2:50.66
Gnau, Heather	39	BMST	3:33.41
Melancon, Sherry	39	SMS	3:55.24

#### 50 Fly

Broussard, Katie	36	GOLD	30.87
Wilson, Charlene	35	SAMS	32.39
Jablonski, Yuly	36	GAS	33.73
Toomey, Heidi	39	FACT	38.20
Emory, Monica	38	SPM	39.62
Beatty, Yukako	39	GOLD	40.51
Thornton, Jennifer	39	GAS	41.60
Gnau, Heather	39	BMST	41.84

#### 100M FLY

Broussard, Katie	36	GOLD	1:09.98
Wilson, Charlene	35	SAMS	1:12.87
Jablonski, Yuly	36	GAS	1:15.80
Sinram, Kristine	36	GMKW	1:28.01
Gnau, Heather	39	BMST	1:42.88

#### 200 Fly

Wilson, Charlene	35	SAMS	2:36.51
Packard, Andrea	36	NCMS	2:42.47

#### 100 IM

Legaspi, Kelly	39	FLAQ	1:17.48
Mowinowski, Abby	35	DYNA	1:17.63
Jablonski, Yuly	36	GAS	1:17.87
Lontz, Allison	38	DYNA	1:18.49
Toomey, Heidi	39	FACT	1:23.59
Emory, Monica	38	SPM	1:28.35
Beatty, Yukako	39	GOLD	1:30.05
Thornton, Jennifer	39	GAS	1:30.83
Gnau, Heather	39	BMST	1:31.63
Martin, Janeice	39	NAMA	1:36.97

#### 200 IM

Packard, Andrea	36	NCMS	2:38.65
Wilson, Charlene	35	SAMS	2:44.17
Jablonski, Yuly	36	GAS	2:46.16
Natkin, Heidi	36	AWJ	2:53.09
Sinram, Kristine	36	GMKW	3:06.00
Jones, Cathy	39	GMKW	3:08.24
Gnau, Heather	39	BMST	3:20.48

#### 400 IM

Packard, Andrea	36	NCMS	5:33.15
Mayville-Armas, Janey	36	FLAQ	5:34.97
Legaspi, Kelly	39	FLAQ	5:37.72
Broussard, Katie	36	GOLD	5:42.00
Natkin, Heidi	36	AWJ	6:00.01
Jablonski, Yuly	36	GAS	6:00.53

1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

**World record**   **USMS record**   **Dixie Zone record**

### 40-44

#### 50 Free

Visser, Linda	40	ORLM	29.11
Marshall, Sabina	40	SWYS	31.19
LeClair, Dale	41	GOLD	31.20
Henson, Susan	41	GMKW	31.41
Fuss, Karen	44	GSMS	31.69
Halford, Karen	44	SPCO	32.01
Ijames, Karen	41	LCM	32.15
Bonfilio, Dawn	42	NCMS	32.22
Tucker, Mary	40	SYSM	32.29
Texel, Paula	40	SPM	32.76

#### 100 Free

LeClair, Dale	41	GOLD	1:05.42
Visser, Linda	40	TOM	1:05.43
Marshall, Sabina	44	SWYS	1:08.74
Ijames, Karen	41	LCM	1:10.01
Bonfilio, Dawn	42	NCMS	1:10.11
Becker, Karen	43	TMM	1:10.57
Fuss, Karen	44	GSMS	1:11.85
Texel, Paula	40	SPM	1:12.24
Onley, Cathi	44	GMKW	1:18.90
Tarver, Stacy	40	GOMT	1:22.27

#### 200 Free

Visser, Linda	40	ORLM	2:17.72
LeClair, Dale	41	GOLD	2:23.33
Ijames, Karen	41	LCM	2:31.18
Texel, Paula	40	SPM	2:32.09
Bonfilio, Dawn	42	NCMS	2:36.03
Tompkins, Ginger	42	GCST	2:36.31
Tucker, Mary	40	SYSM	2:36.73
Marshall, Sabina	40	SWYS	2:37.94
Gurzi, Julie	41	SMS	2:38.68
Halford, Karen	44	SPCO	2:40.89

#### 400 Free

LeClair, Dale	41	GOLD	5:06.52
Ijames, Karen	41	LCM	5:23.98
Texel, Paula	40	SPM	5:32.36
Bolan, Kristy	41	GAJA	5:37.54
Tucker, Mary	40	SYSM	5:44.66
Fuss, Karen	44	GSMS	5:47.72
Duffy, Shannon	41	BMST	6:37.94
Zappa, Flavia	43	SPM	7:00.69
Ferris, Rita	44	SYSM	8:28.06

#### 800 Free

Visser, Linda	40	TOM	10:17.28
LeClair, Dale	41	GOLD	11:02.81
Bolan, Kristy	41	GAJA	11:18.88
Haruta, Deborah Martel	43	NCMS	12:20.52
Tucker, Mary	40	SYSM	12:28.39

#### 1500 Free

Tucker, Mary	40	SYSM	23:10.40
Fuss, Karen	44	GSMS	24:24.38
EricksonStevens, Mia	42	SMS	27:09.78

#### 50 Back

Visser, Linda	40	TOM	35.02
Texel, Paula	40	SPM	35.13
LeClair, Dale	41	GOLD	36.36
Stewart, Ann	40	GOLD	36.39
Tompkins, Ginger	42	GCST	38.21
Fuss, Karen	44	GSMS	42.39
Henson, Susan	41	GMKW	43.37
Duffy, Shannon	41	BMST	44.56
Flaherty, Perri	43	BMST	47.16
Frank, Dawn	43	BMST	52.97

#### 100 Back

Visser, Linda	40	TOM	1:15.21
Texel, Paula	40	SPM	1:17.60
Tompkins, Ginger	42	GCST	1:19.12
LeClair, Dale	41	GOLD	1:20.63
Stewart, Ann	40	GOLD	1:21.22
Marshall, Sabina	40	SWYS	1:25.39
Gillman, Regina	44	NCMS	1:26.85
Gurzi, Julie	41	SMS	1:28.54
Dempsey, Michelle	40	NCMS	1:32.75
Bear, Shelley	43	RAY	1:34.66

#### 200 Back

Visser, Linda	40	ORLM	2:38.27
Texel, Paula	40	SPM	2:47.34
Tompkins, Ginger	42	GCST	2:55.57
Stewart, Ann	40	GOLD	3:00.21
Marshall, Sabina	40	SWYS	3:08.02
Flaherty, Perri	43	BMST	3:41.08
Terroba, Raquel	41	GMKW	3:51.85

#### 50 Breast

Visser, Linda	40	TOM	37.34
Bonfilio, Dawn	42	NCMS	40.14
Texel, Paula	40	SPM	41.66
Gillman, Regina	44	NCMS	42.13
Collett, Tracy	40	DYNA	42.17
Henson, Susan	41	GMKW	42.44
Becker, Karen	43	TMM	42.95
Fuss, Karen	44	GSMS	42.98
Hencye, MaryJo	40	SYSM	43.06
Bear, Shelley	43	RAY	43.48

#### 100 Breast

Visser, Linda	40	TOM	1:20.52
Bonfilio, Dawn	42	NCMS	1:29.60
Heuser, Alene	44	SPCO	1:36.42
Fuss, Karen	44	GSMS	1:36.42
Texel, Paula	40	SPM	1:38.63
Helm, Mary	44	SMS	1:40.03
Duffy, Shannon	41	BMST	1:41.65
Moreland, Jill	40	GCST	1:47.56
EricksonStevens, Mia	42	SMS	1:52.52
Walker, Monica	44	DAQM	1:55.55

#### 200 Breast

Visser, Linda	40	TOM	2:51.76
Gillman, Regina	44	NCMS	3:11.78
Collett, Tracy	40	DYNA	3:21.09
Hencye, MaryJo	40	SYSM	3:24.22
Jones, Rebecca	42	NCMS	3:29.65
Atkinson, Caroline	40	NCMS	3:33.49
Fuss, Karen	44	GSMS	3:40.66
Crayton, Lisa	42	SWIM	3:48.17
Terroba, Raquel	41	GMKW	4:06.90
Fritz, Candace	41	BMST	4:16.01

#### 50 Fly

Visser, Linda	40	ORLM	31.67
Becker, Karen	43	TMM	32.69
Henson, Susan	41	GMKW	34.76
Gurzi, Julie	41	SMS	35.13
Halford, Karen	44	SPCO	35.23
Ijames, Karen	41	LCM	35.48
Fuss, Karen	44	GSMS	36.24
Marshall, Sabina	40	SWYS	36.74
Stewart, Ann	40	GOLD	37.22
Helm, Mary	44	SMS	39.71

#### 100 Fly

Visser, Linda	40	ORLM	1:10.25
Becker, Karen	43	TMM	1:13.68
Ijames, Karen	41	LCM	1:20.94
LeClair, Dale	41	GOLD	1:21.58
Marshall, Sabina	40	SWYS	1:31.08
Smeyne, Marissa	40	WPRC	1:52.45

#### 200 Fly

Visser, Linda	40	ORLM	2:41.16
Halford, Karen	44	SPCO	3:27.06
Smeyne, Marissa	40	WPRC	4:12.37

#### 100 IM

Visser, Linda	40	ORLM	1:11.77
Becker, Karen	43	TMM	1:16.89
LeClair, Dale	41	GOLD	1:17.59
Texel, Paula	40	SPM	1:20.53
Ijames, Karen	41	LCM	1:20.68
Bonfilio, Dawn	42	NCMS	1:21.16
Collett, Tracy	40	DYNA	1:21.59
Gillman, Regina	44	NCMS	1:23.02
Stewart, Ann	40	GOLD	1:23.55
Tompkins, Ginger	42	GCST	1:24.21

#### 200 IM

Visser, Linda	40	ORLM	2:34.16
LeClair, Dale	41	GOLD	2:52.72
Ijames, Karen	41	LCM	2:55.86
Bonfilio, Dawn	42	NCMS	3:02.82
Tompkins, Ginger	42	GCST	3:02.93
Marshall, Sabina	40	SWYS	3:06.27
Smeyne, Marissa	40	WPRC	3:33.50
Terroba, Raquel	41	GMKW	3:49.56
Crayton, Lisa	42	SWIM	3:53.03
Walker, Monica	44	DAQM	3:54.22

#### 400 IM

Visser, Linda	40	TOM	5:35.93
Smeyne, Marissa	40	WPRC	7:47.55
Terroba, Raquel	41	GMKW	8:01.86



1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

**World record**   **USMS record**   **Dixie Zone record**

### 45-49

#### 50 Free

Lohberg, Birgit	45	GOLD	29.28
Elias-Williams, Maria	46	GSMS	29.98
Fedako, Cathy	49	SYSM	30.50
Aziz, Kristen	45	SAMS	31.64
Johnson, Jill	45	GOLD	31.88
Dore, Mary	47	NCMS	32.03
Hooe, Donna	48	GAJA	32.26
Countryman, Marianne	46	GMKW	32.32
Clark, Dawn	46	SPM	32.78
Hanson, Tanya	49	GOLD	33.97

#### 100 Free

Lohberg, Birgit	45	GOLD	1:02.33
Elias-Williams, Maria	46	GSMS	1:04.50
Fedako, Cathy	49	SYSM	1:08.37
Aziz, Kristin	45	GAJA	1:09.68
Johnson, Jill	45	GOLD	1:09.97
Frederic, Christine	46	SMS	1:12.04
Clark, Dawn	46	SPM	1:12.61
Hooe, Donna	48	GAJA	1:13.27
Spivey, Kelly	47	TTM	1:17.13
Lenz, Kar	49	UNAT	1:19.41

#### 200 Free

Lohberg, Birgit	45	GOLD	2:14.64
Elias-Williams, Maria	46	GSMS	2:17.97
Ramnath, Fernette	45	SYSM	2:22.73
Aziz, Kristen	45	SAMS	2:29.95
Dore, Mary	47	NCMS	2:33.01
Clark, Dawn	46	SPM	2:35.20
Bowman, Rachel	45	SYSM	2:37.24
Schick, Lori	47	FLAQ	2:49.50
Johnson, Paula	49	AWJ	2:51.28
Herbst, Elizabeth	47	FLAQ	2:55.34

#### 400 Free

Elias-Williams, Maria	46	GSMS	4:50.39
Ramnath, Fernette	45	SYSM	5:01.98
Johnson, Jill	45	GOLD	5:13.40
Bennett, Ellen	47	SYSM	5:15.63
Aziz, Kristin	45	GAJA	5:14.67
Vazquez, Maria	45	DYNA	5:23.45
Hooe, Donna	48	GAJA	5:45.24
Clark, Dawn	46	SPM	5:32.54
Johnson, Paula	49	AWJ	6:03.71
Travis, Jill	49	ART	7:18.73

#### 800 Free

Ramnath, Fernette	45	SYSM	10:20.38
Johnson, Jill	45	GOLD	10:46.27
Aziz, Kristen	45	SAMS	10:50.21
Bennett, Ellen	47	SYSM	11:00.91
Dore, Mary	47	NCMS	11:19.09
Bianchi, Felicia	48	AWJ	11:20.37
Clark, Dawn	46	SPM	11:37.10
Johnson, Paula	49	AWJ	12:24.43
Herbst, Elizabeth	47	FLAQ	12:51.14
Bogue, Sherri	46	FMM	19:57.81

#### 1500 Free

Elias-Williams, Maria	46	GSMS	18:50.42
Ramnath, Fernette	45	SYSM	19:46.03
Aziz, Kristin	45	GAJA	20:42.51
Bennett, Ellen	47	SYSM	20:54.38
Clark, Dawn	46	SPM	21:50.94
Bogue, Sherri	46	FMM	37:57.79

#### 50 Back

Johnson, Jill	45	GOLD	39.04
Woodburn, Andrea	47	GOLD	40.28
Spivey, Kelly	47	TTM	40.49
Clark, Dawn	46	SPM	42.01
Schick, Lori	47	FLAQ	42.46
Bianchi, Felicia	48	AWJ	44.69
Yarbrough, Myrna	49	CCM	44.98
Roberts, Deborah	45	DBMS	45.25
Montgomery, Courtnay	46	GOLD	48.80
Keeney, Cheryl	47	FLAQ	52.89

#### 100 Back

Vazquez, Maria	45	DYNA	1:20.57
Bowman, Rachel	45	SYSM	1:25.87
Woodburn, Andrea	47	GOLD	1:27.32
Hooe, Donna	48	GAJA	1:28.53
Schick, Lori	47	FLAQ	1:29.10
Bianchi, Felicia	48	AWJ	1:33.10
Yarbrough, Myrna	49	CCM	1:37.91
Montgomery, Courtnay	46	GOLD	1:49.53
Keeney, Cheryl	47	FLAQ	1:50.50

#### 200 Back

Lohberg, Birgit	45	GOLD	2:33.05
Ramnath, Fernette	45	SYSM	2:43.04
Vazquez, Maria	45	DYNA	2:49.64
Hooe, Donna	48	GAJA	3:09.87
Yarbrough, Myrna	49	CCM	3:37.01
Montgomery, Courtnay	46	GOLD	3:45.28

#### 50 Breast

Frederic, Christine	46	SMS	40.06
Elias-Williams, Maria	46	GSMS	40.99
Schick, Lori	47	FLAQ	41.27
Woodburn, Andrea	47	GOLD	44.13
Clark, Dawn	46	SPM	46.76
Newton, Mary	46	UNAT	47.71
Krugman, Elaine	48	SSS	49.98
Roeth, Cynthia	49	NCMS	50.02
Fendler, BJ	49	UNAT	52.20
Matysek, Anna Lea	49	SYSM	55.49

#### 100 Breast

Elias-Williams, Maria	46	GSMS	1:28.28
Frederic, Christine	46	SMS	1:28.30
Schick, Lori	47	FLAQ	1:28.69
Bennett, Ellen	47	SYSM	1:31.20
Elias-Williams, Maria	46	GSMS	1:31.82
Woodburn, Andrea	47	GOLD	1:36.52
Newton, Mary	46	UNAT	1:47.00
Krugman, Elaine	48	SSS	1:47.63
Bianchi, Felicia	48	AWJ	1:47.75
Spivey, Kelly	47	TTM	1:49.04

#### 200 Breast

Bennett, Ellen	47	SYSM	3:07.84
Schick, Lori	47	FLAQ	3:20.41

#### 50 Fly

Lohberg, Birgit	45	GOLD	30.40
Frederic, Christine	46	SMS	34.05
Elias-Williams, Maria	46	GSMS	34.78
Countryman, Marianne	46	GMKW	35.19
Clark, Dawn	46	SPM	35.92
Johnson, Jill	45	GOLD	36.89
Hooe, Donna	48	GAJA	37.40
Schick, Lori	47	FLAQ	39.80
Yarbrough, Myrna	49	CCM	43.86
Montgomery, Courtnay	46	GOLD	46.38

#### 100 Fly

Lohberg, Birgit	45	GOLD	1:07.62
Frederic, Christine	46	SMS	1:15.10
Countryman, Marianne	46	GMKW	1:18.90
Woodburn, Andrea	47	GOLD	1:28.85
Hooe, Donna	48	GAJA	1:34.72

#### 200 Fly

Ramnath, Fernette	45	SYSM	2:50.46
Frederic, Christine	46	SMS	2:56.14
Countryman, Marianne	46	GMKW	3:03.61
Hooe, Donna	48	GAJA	3:35.19

#### 100 IM

Elias-Williams, Maria	46	GSMS	1:18.53
Frederic, Christine	46	SMS	1:20.97
Johnson, Jill	45	GOLD	1:21.44
Clark, Dawn	46	SPM	1:25.04
Countryman, Marianne	46	GMKW	1:25.33
Schick, Lori	47	FLAQ	1:25.63
Dore, Mary	47	NCMS	1:26.26
Spivey, Kelly	47	TTM	1:26.39
Hooe, Donna	48	GAJA	1:27.23
Bianchi, Felicia	48	AWJ	1:34.76

#### 200 IM

Ramnath, Fernette	45	SYSM	2:44.77
Frederic, Christine	46	SMS	2:51.76
Clark, Dawn	46	SPM	3:02.52
Bowman, Rachel	45	SYSM	3:07.04
Schick, Lori	47	FLAQ	3:07.15

#### 400 IM

Ramnath, Fernette	45	SYSM	5:46.36
Bennett, Ellen	47	SYSM	5:55.21
Elias-Williams, Maria	46	GSMS	5:56.40
Bowman, Rachel	45	SYSM	6:23.61
Dore, Mary	47	NCMS	6:25.02
Hooe, Donna	48	GAJA	6:46.96

1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

**World record**   **USMS record**   **Dixie Zone record**

### 50-54

#### 50 Free

Shonkwiler, Cathy	50	TOM	29.19
Wenzel, Chris	51	FLAQ	30.13
Carpenter, Kelley	53	SYSM	31.73
Doyle, Deanna	52	SYSM	32.96
Seier, Lydia	54	GOLD	33.48
Tiska, Patty	50	NCMS	34.00
McNulty, Barbara	53	SPM	34.19
Selby, Tana	51	GAJA	34.33
Joye, Martha	52	BMST	35.48
Saucier, Mariela	50	SMS	35.86

#### 100 Free

Shonkwiler, Cathy	50	TOM	1:04.16
Cavanaugh, Debbie	52	GOLD	1:10.80
Doyle, Deanna	52	SYSM	1:12.14
Devanney, Celia	53	GOLD	1:12.28
Seier, Lydia	54	GOLD	1:13.64
McNulty, Barbara	53	SPM	1:15.47
Joye, Martha	52	BMST	1:19.44
Woodard, Alis Rojas	50	NCMS	1:20.19
Titus, Patricia	53	SWIM	1:21.14
Montgomery, Vicki	50	NCMS	1:26.45

#### 200 Free

Shonkwiler, Cathy	50	TOM	2:25.98
Devanney, Celia	53	GOLD	2:33.55
Cavanaugh, Debbie	52	GOLD	2:35.51
Seier, Lydia	54	GOLD	2:40.53
Thomas, Ann	50	FLAQ	2:47.50
Savage, Mary Anne	50	SWYS	2:48.17
Thiel, Janet	53	SWYS	2:48.61
Saucier, Mariela	50	SMS	2:53.00
Carpenter, Kelley	53	SYSM	2:53.34
Weger, Tammy	50	SYSM	2:55.92

#### 400 Free

Shonkwiler, Cathy	50	TOM	5:08.82
Banks, Jean	54	FACT	5:17.84
Devanney, Celia	53	GOLD	5:22.56
Cavanaugh, Debbie	52	GOLD	5:26.06
McNulty, Barbara	53	SPM	5:38.59
Thiel, Janet	53	SWYS	5:56.40
Niedrich, Ruth	51	SMS	6:16.67
Woodard, Alis Rojas	50	NCMS	6:22.01
Sabatier, Diane	54	SMS	6:40.23
Chappell, Melinda	50	GSMS	7:03.31

#### 800 Free

Devanney, Celia	53	GOLD	11:03.27
Steinmann, Sharon	52	SPM	11:13.74
Devanney, Celia	53	GOLD	11:25.12
Weger, Tammy	50	SYSM	12:47.87
Montgomery, Victoria	50	NCMS	13:23.18
Showalter, Linda	54	SYSM	17:09.97
Moucha, Sue	52	FMM	21:52.21

#### 1500 Free

Devanney, Celia	53	GOLD	21:19.64
Steinmann, Sharon	52	SPM	21:20.06
Thiel, Janet	53	SWYS	23:05.91
Weger, Tammy	50	SYSM	24:20.01
Montgomery, Vicki	50	NCMS	24:51.70
Chappell, Melinda	50	GSMS	27:11.64
Hill, Viki	54	BMST	28:27.55
Frederick, Jane	51	BMST	28:44.07
Showalter, Linda	54	SYSM	32:28.91
Moucha, Sue	52	FMM	43:26.76

#### 50 Back

Shonkwiler, Cathy	50	TOM	34.13
Doyle, Deanna	52	SYSM	36.59
Cavanaugh, Debbie	52	GOLD	36.78
Thomas, Ann	50	FLAQ	43.05
Seier, Lydia	54	GOLD	43.66
McNulty, Barbara	53	SPM	44.15
Woodard, Alis Rojas	50	NCMS	46.68
Chappell, Melinda	50	GSMS	47.93
Spahr, Sharda	53	NAMA	50.78
Ruebel, Deb	54	NCMS	52.71

#### 100 Back

Shonkwiler, Cathy	50	TOM	1:17.29
Cavanaugh, Debbie	52	GOLD	1:20.88
Doyle, Deanna	52	SYSM	1:22.30
Steinmann, Sharon	52	SPM	1:26.74
Saucier, Mariela	50	SMS	1:29.34
Selby, Tana	51	GAJA	1:35.84
McNulty, Barbara	53	SPM	1:37.11
Savage, Mary Anne	50	SWYS	1:37.95
Niedrich, Ruth	51	SMS	1:44.34
Montgomery, Vicki	50	NCMS	1:48.24

#### 200 Back

Cavanaugh, Debbie	52	GOLD	2:54.29
Steinmann, Sharon	52	SPM	3:07.39
Selby, Tana	51	GAJA	3:27.44
Thiel, Janet	53	SWYS	3:36.90
Harrelson, JoAnn	54	SPM	3:43.16
Montgomery, Vicki	50	NCMS	3:47.57
Adams, Kathy	51	GOMT	4:06.78
Hill, Viki	54	BMST	4:12.46
Cunningham, Carol	53	GMKW	4:18.29
Clay, Ellen	51	UNAT	4:31.58

#### 50 Breast

Wenzel, Chris	51	FLAQ	38.78
Cavanaugh, Debbie	52	GOLD	39.52
Shonkwiler, Cathy	50	TOM	43.21
Carpenter, Kelley	53	SYSM	45.31
Savage, Mary Anne	50	SWYS	45.75
Thiel, Janet	53	SWYS	45.93
Chappell, Melinda	50	GSMS	46.81
Niedrich, Ruth	51	SMS	47.60
Henderson, Joni	54	SWIM	48.99
Frederick, Jane	51	BMST	52.78

#### 100 Breast

Wenzel, Chris	51	FLAQ	1:26.29
Thiel, Janet	53	SWYS	1:39.92
Harrelson, JoAnn	54	SPM	1:41.16
Joye, Martha	52	BMST	1:42.23
Titus, Patricia	53	SWIM	1:43.35
Niedrich, Ruth	51	SMS	1:45.88
Chappell, Melinda	50	GSMS	1:51.32
Hill, Viki	54	BMST	1:57.51
Spahr, Sharda	53	NAMA	1:59.11
Hefty, Robin	51	UNAT	2:00.97

#### 200 Breast

Wenzel, Chris	51	FLAQ	3:10.11
Thiel, Janet	53	SWYS	3:33.95
Joye, Martha	52	BMST	3:43.26
Henderson, Joni	54	SWIM	3:48.24
Chappell, Melinda	50	GSMS	4:04.29
Hill, Viki	54	BMST	4:04.49
Montgomery, Vicki	50	NCMS	4:16.11
Hefty, Robin	51	UNAT	4:22.69
Clay, Ellen	51	UNAT	4:41.74
Moucha, Sue	52	FMM	5:40.36

#### 50 Fly

Shonkwiler, Cathy	50	TOM	32.57
Carpenter, Kelley	53	SYSM	36.56
Doyle, Deanna	52	SYSM	36.63
McNulty, Barbara	53	SPM	36.83
Seier, Lydia	54	GOLD	37.78
Hotz, Susan	52	SPM	38.47
Savage, Mary Anne	50	SWYS	38.84
Joye, Martha	52	BMST	41.57
Chappell, Melinda	50	GSMS	41.89
Ruebel, Deb	54	NCMS	46.98

#### 100 Fly

Shonkwiler, Cathy	50	TOM	1:13.60
McNulty, Barbara	53	SPM	1:22.85
Devanney, Celia	53	GOLD	1:24.31
Joye, Martha	52	BMST	1:34.27

#### 200 Fly

McNulty, Barbara	53	SPM	3:05.08
Harrelson, JoAnn	54	SPM	3:39.99
Joye, Martha	52	BMST	3:46.80
Frederick, Jane	51	BMST	4:28.68
Clay, Ellen	51	UNAT	4:50.56

#### 100 IM

Shonkwiler, Cathy	50	TOM	1:18.11
Wenzel, Chris	51	FLAQ	1:19.35
Doyle, Deanna	52	SYSM	1:22.00
Carpenter, Kelley	53	SYSM	1:26.56
Savage, Mary Anne	50	SWYS	1:28.15
Thiel, Janet	53	SWYS	1:30.08
Joye, Martha	52	BMST	1:30.79
Tiska, Patty	50	NCMS	1:32.41
Chappell, Melinda	50	GSMS	1:36.65
Harrelson, JoAnn	54	SPM	1:38.85

#### 200 IM

Wenzel, Chris	51	FLAQ	3:00.11
Thiel, Janet	53	SWYS	3:18.69
Joye, Martha	52	BMST	3:22.91
Niedrich, Ruth	51	SMS	3:29.75
Montgomery, Vicki	50	NCMS	3:44.83
Moucha, Sue	52	FMM	5:33.62

#### 400 IM

Steinmann, Sharon	52	SPM	6:21.41
Thiel, Janet	53	SWYS	7:08.26
Joye, Martha	52	BMST	7:20.52
Frederick, Jane	51	BMST	8:30.12
Clay, Ellen	51	UNAT	9:00.68
Moucha, Sue	52	FMM	11:27.40

1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

## 55-59

## 50 Free

Sargeant, Pat	57	GOLD	29.88
McDonnell, Peggy	55	GOLD	31.72
Denby, Karlene	57	UNAT	32.02
Constantino, Patricia	55	DYNA	32.59
Protzman, Barbara	56	GOLD	34.09
Amick, Beverly	56	NCMS	34.36
Larson, Linda	55	FLAQ	36.89
Williams, Dale	58	SMS	36.91
Hilton, Patti	58	GSMS	37.19
Stewart, Robin	56	GOLD	37.58

## 100 Free

Sargeant, Pat	57	GOLD	1:06.27
McDonnell, Peggy	55	GOLD	1:10.55
La Fountain, Darcy	55	FLAQ	1:11.90
Walker, Deb	59	FACT	1:12.72
Protzman, Barbara	56	GOLD	1:15.36
Amick, Beverly	56	NCMS	1:16.06
Williams, Dale	58	SMS	1:23.27
Many, Cecile	56	SMS	1:23.93
Hilton, Patti	58	GSMS	1:25.19
Stewart, Robin	56	GOLD	1:25.25

## 200 Free

Sargeant, Pat	57	GOLD	2:28.71
McDonnell, Peggy	55	GOLD	2:32.67
La Fountain, Darcy	55	FLAQ	2:38.81
Protzman, Barbara	56	GOLD	2:40.62
Amick, Beverly	56	NCMS	2:47.05
Willman, Becky	58	GOLD	3:01.86
Stewart, Robin	56	GOLD	3:03.78
Hilton, Patti	58	GSMS	3:06.58
Bear, Mary	55	WPRC	3:07.29
Smith, Alison	56	NCMS	3:35.52

## 400 Free

Sargeant, Pat	57	GOLD	5:20.59
McDonnell, Peggy	55	GOLD	5:35.89
Protzman, Barbara	56	GOLD	5:51.09
Amick, Beverly	56	NCMS	5:59.81
Larson, Linda	55	FLAQ	6:15.64
Many, Cecile	56	SMS	6:25.97
Bear, Mary	55	WPRC	6:26.33
Willman, Becky	58	GOLD	6:35.58
Hilton, Patti	58	GSMS	6:39.85
Smith, Alison	56	NCMS	7:18.50

## 800 Free

La Fountain, Darcy	55	FLAQ	11:15.35
Amick, Beverly	56	NCMS	12:08.90
Larson, Linda	55	FLAQ	12:48.16
Geiger, Pam	58	SPM	13:07.69
Willman, Becky	58	GOLD	13:53.74
Richardson, Anita	55	NCMS	16:52.09
Maynard, Rita	59	NCMS	19:02.11

## 1500 Free

Larson, Linda	55	FLAQ	24:12.63
Geiger, Pam	58	SPM	24:47.92
Hilton, Patti	58	GSMS	25:37.23
Hughes, Sharon	55	SMS	27:19.08
Weller, Terri	59	CMSA	30:44.56
Thomas, Susan	58	BMST	31:23.99

## 50 Back

Hughes, Maureen	57	GOLD	36.45
Sargeant, Pat	57	GOLD	37.55
McDonnell, Peggy	55	GOLD	38.60
Constantino, Patricia	55	DYNA	38.83
Protzman, Barbara	56	GOLD	41.08
Larson, Linda	55	FLAQ	41.13
Amick, Beverly	56	NCMS	41.81
Many, Cecile	56	SMS	45.62
Stewart, Robin	56	GOLD	46.30
Williams, Dale	58	SMS	46.36

## 100 Back

Sargeant, Pat	57	GOLD	1:18.88
Hughes, Maureen	57	GOLD	1:25.11
Amick, Beverly	56	NCMS	1:27.09
Larson, Linda	55	FLAQ	1:27.72
Hilton, Patti	58	GSMS	1:39.65
Rogers, Jennie	58	NCMS	1:39.89
Richardson, Anita	55	NCMS	1:55.46
Hall, Ellen	59	SMS	2:09.98
Thomas, Susan	58	BMST	2:10.98

## 200 Back

Sargeant, Pat	57	GOLD	2:50.46
Larson, Linda	55	FLAQ	3:08.38
Many, Cecile	56	SMS	3:33.99
Thomas, Susan	58	BMST	4:37.04

## 50 Breast

Walker, Deb	59	FACT	39.80
McDonnell, Peggy	55	GOLD	40.63
Constantino, Patricia	55	DYNA	41.18
Sargeant, Pat	57	GOLD	44.11
Hughes, Maureen	57	GOLD	44.95
Childers, Judy	56	GSMS	48.99
Larson, Linda	55	FLAQ	54.40
McCormack, Amy	55	SYSM	54.55
Smith, Alison	56	NCMS	55.25
Holt, Margaret	59	SWYS	57.09

## 100 Breast

Walker, Deb	59	FACT	1:29.73
McDonnell, Peggy	55	GOLD	1:30.83
Sargeant, Pat	57	GOLD	1:39.28
Childers, Judy	56	GSMS	1:47.94
Smith, Alison	56	NCMS	1:59.12
Thomas, Susan	58	BMST	2:05.27
Holt, Margaret	59	SWYS	2:09.32
Weller, Terri	59	CMSA	2:12.07
Fazzano, Catalina	57	GOLD	2:40.81
McDonnell, Peggy	55	GOLD	3:22.23

## 200 Breast

Walker, Deb	59	FACT	3:10.86
McDonnell, Peggy	55	GOLD	3:20.08
Childers, Judy	56	GSMS	3:59.43
Smith, Alison	56	NCMS	4:01.85
Holt, Margaret	59	SWYS	4:30.93
Thomas, Susan	58	BMST	4:31.06
Weller, Terri	59	CMSA	4:39.77

## 50 Fly

Sargeant, Pat	57	GOLD	33.21
McDonnell, Peggy	55	GOLD	34.19
Hughes, Maureen	57	GOLD	35.93
Constantino, Patricia	55	DYNA	37.11
Amick, Beverly	56	NCMS	38.18
Protzman, Barbara	56	GOLD	38.36
Williams, Dale	58	SMS	41.67
Hilton, Patti	58	GSMS	45.08
Larson, Linda	55	FLAQ	45.37
Kaminstein, Beth	56	GOLD	46.19

## 100 Fly

Sargeant, Pat	57	GOLD	1:17.25
McDonnell, Peggy	55	GOLD	1:19.57
Murray, Cheryl	58	NCMS	1:30.58
Protzman, Barbara	56	GOLD	1:31.25
Williams, Dale	58	SMS	1:45.43
Hilton, Patti	58	GSMS	1:56.53
Hall, Ellen	59	SMS	2:09.68

## 200 Fly

Murray, Cheryl	58	NCMS	3:22.60
Larson, Linda	55	FLAQ	3:52.88

## 100 IM

Sargeant, Pat	57	GOLD	1:17.48
McDonnell, Peggy	55	GOLD	1:19.37
Walker, Deb	59	FACT	1:21.93
Hughes, Maureen	57	GOLD	1:23.58
Constantino, Patricia	55	DYNA	1:23.80
Protzman, Barbara	56	GOLD	1:26.35
Hilton, Patti	58	GSMS	1:37.70
Williams, Dale	58	SMS	1:39.60
Bear, Mary	55	WPRC	1:40.40
Rogers, Jennie	58	NCMS	1:40.77

## 200 IM

Sargeant, Pat	57	GOLD	2:49.58
McDonnell, Peggy	55	GOLD	2:54.51
Protzman, Barbara	56	GOLD	3:09.34
Murray, Cheryl	58	NCMS	3:11.18
Larson, Linda	55	FLAQ	3:34.59
Many, Cecile	56	SMS	3:44.22
Smith, Alison	56	NCMS	3:59.18
Hall, Ellen	59	SMS	4:17.36
Weller, Terri	59	CMSA	4:26.39

## 400 IM

Sargeant, Pat	57	GOLD	6:06.00
McDonnell, Peggy	55	GOLD	6:19.48
Protzman, Barbara	56	GOLD	6:46.43
Murray, Cheryl	58	NCMS	6:48.08
Larson, Linda	55	FLAQ	7:08.64
Hilton, Patti	58	GSMS	7:47.00
Rogers, Jennie	58	NCMS	7:51.12
Hall, Ellen	59	SMS	9:02.88



1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

### 60-64

#### 50 Free

Moore, Meredith	61	SWIM	35.07
Schneider, Margo	63	GMKW	37.50
Wilson, Meegan	62	FACT	37.32
Edelmaier, Brigitte	64	GOLD	38.35
Moore, Carolyn	60	GOLD	41.58
Hatic, Deborah	61	GOLD	42.25
Daugherty, Donnie	62	NCMS	44.50
Buccino, Vicki	64	SMS	44.63
van Meeteren, Greta	63	NCMS	47.40
Parsons, Donna	60	NCMS	48.41

#### 100 Free

<b>Lyttle, Ann</b>	<b>62</b>	<b>GAJA</b>	<b>1:16.43</b>
Edelmaier, Brigitte	64	GOLD	1:23.23
Wilson, Meegan	62	FACT	1:24.94
Buccino, Vicki	64	SMS	1:40.15
van Meeteren, Greta	63	NCMS	1:40.97
Brownlee Fox, Sandra	62	NAMA	2:18.29

#### 200 Free

<b>Lyttle, Ann</b>	<b>62</b>	<b>GAJA</b>	<b>2:46.06</b>
Moore, Meredith	61	SWIM	2:54.34
Mancino, Cathy	61	GOLD	2:59.83
Edelmaier, Brigitte	64	GOLD	3:05.07
Wilson, Meegan	62	FACT	3:05.88
van Meeteren, Greta	63	NCMS	3:32.51
Buccino, Vicki	64	SMS	3:36.32
Parsons, Donna	60	NCMS	3:46.44
Daugherty, Donnie	62	NCMS	3:51.47

#### 400 Free

<b>Lyttle, Ann</b>	<b>62</b>	<b>GAJA</b>	<b>5:51.27</b>
Moore, Meredith	61	SWIM	6:05.46
Mancino, Cathy	61	GOLD	6:15.26
Mitchell, Jeannie	64	GOLD	6:42.02
van Meeteren, Greta	63	NCMS	7:15.50
Buccino, Vicki	64	SMS	7:23.63
Ohlandt, Dianne	60	TTM	8:55.29

#### 800 Free

<b>Moore, Meredith</b>	<b>61</b>	<b>SWIM</b>	<b>12:08.58</b>
Mitchell, Jeannie	64	GOLD	13:29.67
van Meeteren, Greta	63	NCMS	14:47.04

#### 50 Back

Schneider, Margo	63	GMKW	42.91
Mitchell, Jeannie	64	GOLD	43.14
Moore, Meredith	61	SWIM	43.33
Edelmaier, Brigitte	64	GOLD	47.09
Conner, Carolyn	64	TOM	48.47
Moore, Carolyn	60	GOLD	48.69
Buccino, Vicki	64	SMS	53.87
Hubbard, Gigi	63	FACT	54.41
Holstad, Marcia	60	GMKW	1:00.96
Ohlandt, Dianne	60	TTM	1:04.85

#### 100 Back

Moore, Meredith	61	SWIM	1:35.28
Mitchell, Jeannie	64	GOLD	1:36.56
Hubbard, Gigi	63	FACT	1:56.56
Buccino, Vicki	64	SMS	2:01.11
Daugherty, Donnie	62	NCMS	2:02.52
Ohlandt, Dianne	60	TTM	2:24.36

#### 200 Back

Moore, Meredith	61	SWIM	3:23.37
Mitchell, Jeannie	64	GOLD	3:26.89
Buccino, Vicki	64	SMS	4:10.39
Hubbard, Gigi	63	FACT	4:12.80
Martin, Michelle	61	ART	4:15.33
Ohlandt, Dianne	60	TTM	4:51.19

#### 50 Breast

Brown, Dana	64	SMRT	46.23
Wilson, Meegan	62	FACT	46.95
Schneider, Margo	63	GMKW	52.07
van Meeteren, Greta	63	NCMS	54.03
Buccino, Vicki	64	SMS	57.01
Parsons, Donna	60	NCMS	1:01.57
Holstad, Marcia	60	GMKW	1:12.42

#### 100 Breast

Wilson, Meegan	62	FACT	1:43.21
van Meeteren, Greta	63	NCMS	1:57.00

#### 200 Breast

Brown, Dana	64	SMRT	3:37.80
Wilson, Meegan	62	FACT	3:41.76

#### 50 Fly

Edelmaier, Brigitte	64	GOLD	41.09
Moore, Meredith	61	SWIM	41.44
Wilson, Meegan	62	FACT	43.32
Moore, Carolyn	60	GOLD	47.29
Schneider, Margo	63	GMKW	47.99
Ohlandt, Dianne	60	TTM	1:02.51

#### 100 Fly

Martin, Michelle	61	ART	1:59.86
Ohlandt, Dianne	60	TTM	2:12.98

#### 200 Fly

Mancino, Cathy	61	GOLD	3:26.07
Martin, Michelle	61	ART	4:14.04
Ohlandt, Dianne	60	TTM	4:43.81

#### 100 IM

Moore, Meredith	61	SWIM	1:32.80
Brown, Dana	64	SMRT	1:34.13
Mancino, Cathy	61	GOLD	1:37.25
Wilson, Meegan	62	FACT	1:38.85
Hubbard, Gigi	63	FACT	2:06.26
Ohlandt, Dianne	60	TTM	2:16.90

#### 200 IM

Wilson, Meegan	62	FACT	3:35.50
Martin, Michelle	61	ART	4:01.27
Hubbard, Gigi	63	FACT	4:40.34
Ohlandt, Dianne	60	TTM	4:41.68

#### 400 IM

Mancino, Cathy	61	GOLD	7:20.74
Martin, Michelle	61	ART	8:20.73
Ohlandt, Dianne	60	TTM	9:57.24

1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

### 65-69

#### 50 Free

Webb, Linda	65	FLAQ	37.12
Suttie, Rae	66	FACT	42.59
Chapman, Joann	66	BMST	45.25
Odato, Jane	65	GOLD	49.90
Trevison, Ellie	67	FACT	52.10
Hutchinson, Joyce	69	FACT	54.51
Gunter, Susan	67	GOLD	1:02.79
Ludick, Jane	65	LCM	1:03.50

#### 100 Free

Webb, Linda	65	FLAQ	1:29.53
Chapman, Joann	66	BMST	1:44.11
Suttie, Rae	66	FACT	1:44.53
Odato, Jane	65	GOLD	1:53.20
Mead, Mary-Mead	69	GMKW	2:07.61
Trevison, Ellie	67	FACT	2:08.41
Ottosen, Sue	67	GAJA	2:15.44
Ludick, Jane	65	LCM	2:25.85

#### 200 Free

Webb, Linda	65	FLAQ	3:17.52
Chapman, Joann	66	BMST	3:49.97
Suttie, Rae	66	FACT	3:55.16
Odato, Jane	65	GOLD	4:02.30
Trevison, Ellie	67	FACT	4:28.67
Ottosen, Sue	67	GAJA	4:52.11

#### 400 Free

Suttie, Rae	66	FACT	8:09.86
Odato, Jane	65	GOLD	8:54.26
Trevison, Ellie	67	FACT	9:33.41

#### 800 Free

Kessler, Kitty	68	GOLD	20:05.09
Ottosen, Sue	67	GMKW	20:33.05

#### 1500 Free

Ottosen, Sue	67	GAJA	39:23.45
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#### 50 Back

Webb, Linda	65	FLAQ	50.81
Chapman, Joann	66	BMST	1:01.03
Kessler, Kitty	68	GOLD	1:03.40
Ludick, Jane	65	LCM	1:04.64
Odato, Jane	65	GOLD	1:08.01
Ottosen, Sue	67	GAJA	1:12.14
Mead, Mary-Mead	69	GMKW	1:19.02

#### 100 Back

Chapman, Joann	66	BMST	2:03.02
Ludick, Jane	65	LCM	2:21.58
Ottosen, Sue	67	GMKW	2:28.51

#### 200 Back

Chapman, Joann	66	BMST	4:24.08
Kessler, Kitty	68	GOLD	4:55.37
Ludick, Jane	65	LCM	5:00.92
Ottosen, Sue	67	GAJA	5:17.93

#### 50 Breast

Webb, Linda	65	FLAQ	46.07
Hutchinson, Joyce	69	FACT	59.51
Chapman, Joann	66	BMST	1:03.33
Odato, Jane	65	GOLD	1:10.85
Mead, Mary-Mead	69	GMKW	1:13.32
Ludick, Jane	65	LCM	1:15.35

#### 100 Breast

Webb, Linda	65	FLAQ	1:43.34
Hutchinson, Joyce	69	FACT	2:10.45
Mead, Mary-Mead	69	GMKW	2:48.70

#### 200 Breast

Webb, Linda	65	FLAQ	3:50.15
Hutchinson, Joyce	69	FACT	4:44.22
Ottosen, Sue	67	GMKW	6:34.87

#### 50 Fly

Webb, Linda	65	FLAQ	43.87
Suttie, Rae	66	FACT	57.80
Chapman, Joann	66	BMST	58.95
Hutchinson, Joyce	69	FACT	1:03.18
Ottosen, Sue	67	GMKW	1:21.69

#### 100 IM

Webb, Linda	65	FLAQ	1:41.27
Chapman, Joann	66	BMST	2:02.24
Suttie, Rae	66	FACT	2:08.92
Ludick, Jane	65	LCM	2:33.93
Mead, Mary-Mead	69	GMKW	2:42.86

#### 200 IM

Webb, Linda	65	FLAQ	3:41.97
Chapman, Joann	66	BMST	4:17.67
Hutchinson, Joyce	69	FACT	4:41.19
Ottosen, Sue	67	GAJA	5:28.35

### 70-74

#### 50 Free

Jebe, Margit	72	SWIM	41.68
Tullman, Patricia	73	FMM	43.23
Steer, Sandy	71	SPM	55.99
Callaway, Priscilla	71	GMKW	56.15
Allen, Jean	70	FMM	56.16
Hutinger, Margie	70	FMM	1:04.37

#### 100 Free

Jebe, Margit	72	SWIM	1:34.55
Bond, Patricia	72	FMM	1:37.21
Steer, Sandy	71	SPM	2:03.48
Hutinger, Margie	70	FMM	2:26.79
Carlson, Marian	71	FLAQ	3:13.94

#### 200 Free

Jebe, Margit	72	SWIM	3:22.70
Bond, Patricia	72	FMM	3:26.85
Tullman, Patricia	73	FMM	3:32.12
Callaway, Priscilla	71	GMKW	4:05.41
Steer, Sandy	71	SPM	4:16.75
Hutinger, Margie	70	FMM	5:16.92

#### 400 Free

Bond, Patricia	72	FMM	7:23.03
Tullman, Patricia	73	FMM	7:38.59
Tullman, Patricia	73	FMM	16:08.25
Hutinger, Margie	70	FMM	25:41.24

#### 800 Free

Tullman, Patricia	73	FMM	30:32.56
Arnold, Patricia	71	SMS	32:17.55
Hutinger, Margie	70	FMM	47:57.46

#### 1500 Free

Tullman, Patricia	73	FMM	52.85
Arnold, Patricia	71	SMS	58.36
Allen, Jean	70	FMM	1:06.52
Vetter, Helen	70	FACT	1:08.81
Hutinger, Margie	70	FMM	1:09.74
Callaway, Priscilla	71	GMKW	1:14.65

#### 100 Back

Jebe, Margit	72	SWIM	1:47.62
Bond, Patricia	72	FMM	1:53.15
Tullman, Patricia	73	FMM	1:58.15
Arnold, Patricia	71	SMS	2:12.36
Allen, Jean	70	FMM	2:24.09
Hutinger, Margie	70	FMM	2:33.28

#### 200 Back

Bond, Patricia	72	FMM	3:48.46
Tullman, Patricia	73	FMM	4:15.22
Arnold, Patricia	71	SMS	4:37.16
Vetter, Helen	70	FACT	5:06.73

#### 50 Breast

Jebe, Margit	72	SWIM	49.30
Allen, Jean	70	FMM	1:00.86
Arnold, Patricia	71	SMS	1:01.35
Steer, Sandy	71	SPM	1:05.09
Callaway, Priscilla	71	GMKW	1:18.08
Carlson, Marian	71	FLAQ	1:28.92

#### 100 Breast

Jebe, Margit	72	SWIM	1:48.45
Bond, Patricia	72	FMM	2:10.23
Arnold, Patricia	71	SMS	2:12.88
Allen, Jean	70	FMM	2:15.11
Steer, Sandy	71	SPM	2:34.68
Carlson, Marian	71	FLAQ	3:32.37

#### 200 Breast

Bond, Patricia	72	FMM	4:21.89
Arnold, Patricia	71	SMS	4:38.12
Allen, Jean	70	FMM	4:45.26
Steer, Sandy	71	SPM	5:13.11

#### 50 Fly

Jebe, Margit	72	SWIM	51.43
Tullman, Patricia	73	FMM	55.47
Arnold, Patricia	71	SMS	59.90
Vetter, Helen	70	FACT	1:04.71
Callaway, Priscilla	71	GMKW	1:10.86

#### 100 Fly

Tullman, Patricia	73	FMM	2:05.16
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#### 200 Fly

Tullman, Patricia	73	FMM	5:01.19
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#### 100 IM

Jebe, Margit	72	SWIM	1:43.48
Bond, Patricia	72	FMM	1:53.95
Tullman, Patricia	73	FMM	2:02.86
Arnold, Patricia	71	SMS	2:09.82
Allen, Jean	70	FMM	2:14.35
Steer, Sandy	71	SPM	2:31.90
Bond, Patricia	72	FMM	4:01.97
Tullman, Patricia	73	FMM	4:28.50
Arnold, Patricia	71	SMS	4:40.82

1 March 2011

## 2010 Dixie Zone SCM Top 10 Women

**World record**   **USMS record**   **Dixie Zone record**

### 75-79

#### 50 Free

Callaway, June 76 GAJA 53.21  
 Vogel, Alyce 78 TOM 1:02.35

#### 100 Free

Callaway, June 76 DYNA 2:28.06

#### 200 Free

Callaway, June 76 GAJA 4:07.79

#### 800 Free

Callaway, June 76 DYNA 20:38.13

#### 50 Back

Prokopi, Doris 75 FMM 1:05.11  
 Callaway, June 76 DYNA 1:15.30

#### 100 Back

Callaway, June 76 DYNA 2:38.84

#### 200 Back

Prokopi, Doris 75 FMM 4:59.01

#### 50 Breast

Vogel, Alyce 78 TOM 1:10.56  
 Callaway, June 76 GAJA 1:20.71

#### 100 Breast

Prokopi, Doris 75 FMM 2:23.15  
 Vogel, Alyce 78 TOM 2:31.55

#### 50 Fly

Prokopi, Doris 75 FMM 1:13.22

#### 100 IM

Prokopi, Doris 75 FMM 2:18.15  
 Callaway, June 76 GAJA 2:33.04

### 80-84

#### 50 Free

Troy, Jean 83 FMM 46.16  
 Campbell, Joann 80 FACT 52.98  
 Eisele, Barbara 80 LCM 1:00.36

#### 100 Free

Troy, Jean 83 FMM 1:44.27  
 Campbell, Joannie 80 FACT 2:02.05  
 Eisele, Barbara 80 LCM 2:14.58  
 Derr, Carolyn 82 NCMS 2:25.51

#### 200 Free

Troy, Jean 83 FMM 3:44.28  
 Campbell, Joan 80 FACT 4:15.70  
 Eisele, Barbara 80 LCM 5:07.68

#### 400 Free

Eisele, Barbara 80 LCM 10:38.23

#### 800 Free

Campbell, Joan 80 FACT 17:30.00  
 Durstein, Nancy 81 FACT 18:15.69  
 Hoskinson, Ruth 81 FMM 20:23.18

#### 1500 Free

Durstein, Nancy 81 FACT 34:25.41  
 Campbell, Joannie 80 FACT 34:38.15  
 Hoskinson, Ruth 81 FMM 38:27.66

#### 50 Back

Durstein, Nancy 81 FACT 1:02.04  
 Campbell, Joannie 80 FACT 1:08.70  
 Derr, Carolyn 82 NCMS 1:14.49

#### 100 Back

Campbell, Joannie 80 FACT 2:22.99  
 Eisele, Barbara 80 LCM 2:37.52  
 Derr, Carolyn 82 NCMS 2:48.02

#### 200 Back

Durstein, Nancy 81 FACT 5:00.79

#### 50 Breast

Troy, Jean 83 FMM 1:07.37  
 Campbell, Joannie 80 FACT 1:17.94

#### 100 Breast

Troy, Jean 83 FMM 2:25.98

#### 200 Breast

Troy, Jean 83 FMM 5:15.31

#### 50 Fly

Troy, Jean 83 FMM 1:03.88  
 Hoskinson, Ruth 81 FMM 1:11.78  
 Durstein, Nancy 81 FACT 1:12.30  
 Eisele, Barbara 80 LCM 1:19.64

#### 100 Fly

Troy, Jean 83 FMM 2:33.23  
 Eisele, Barbara 80 LCM 3:05.20

#### 200 Fly

Campbell, Joannie 80 FACT 6:14.83

#### 100 IM

Troy, Jean 83 FMM 2:04.06  
 Durstein, Nancy 81 FACT 2:21.83  
 Hoskinson, Ruth 81 FMM 2:35.30  
 Eisele, Barbara 80 LCM 2:42.89

#### 200 IM

Troy, Jean 83 FMM 4:38.23  
 Campbell, Joannie 80 FACT 5:17.90  
 Eisele, Barbara 80 LCM 5:49.71

#### 400 IM

Troy, Jean 83 FMM 10:19.03  
 Campbell, Joannie 80 FACT 10:49.97  
 Eisele, Barbara 80 LCM 12:27.50